

EXHIBIT 3

Description of your community support:

(a) A description of your links to the community at large and to the minority and elderly communities in particular

The New Haven Jewish Community Council Housing Corporation, (a/k/a Tower One) was founded in the late 1960's with its primary goal to provide safe and affordable rental housing for seniors in an urban environment. In order to meet the goal of creating affordable housing, The New Haven Jewish Community Council Housing Corporation secured financing from the HUD Section 202 program to provide affordable housing and services to the residents of New Haven. Tower One is one of the buildings sponsored by The New Haven Jewish Community Council Housing Corporation. Tower One was opened for occupancy in 1971. This application proposes to convert 16 additional units in Tower One into assisted living units to permit residents currently receiving assisted living services in conventional apartments to have the benefit of the accessible features of converted units. This application is also requesting ALCP funds to install a third elevator on the building to meet accessibility and safety needs.

Tower One's mission statement has been changed and expanded to address residents' changing needs. While the revised mission statement continues to reflect our commitment to providing quality and affordable housing, a resolution added the commitment to residents desire to maintain their independence by providing a full continuum of supportive services. In 1998, and 2006 we again amended our mission statement to affirm the cultural philosophy of The Towers.

Our Mission:

The mission of the Towers organization is to provide older persons of varying means with high quality living arrangements and services based upon Jewish values and traditions.

Our Credo:

- ◆ Treating every person with dignity and respect
- ◆ Empowering independence with compassion.
- ◆ Assisting through listening and communication
- ◆ Maintaining a safe and secure home for our residents.
- ◆ We all make a difference - Together

Tower One is able to offer a wide array of services to our residents as well to the City of New Haven community. This is accomplished through both collaborative efforts and linkages we hold with community organizations and elder service providers and through the development of our own in-house programs.

The following is a list of community organizations with whom Tower One has direct ties in delivering on-site services to our residents:

St. Raphael Hospital Elder Care Program

Tower One has developed a linkage with this health care facility to provide primary health care to our residents.

New Alliance Bank

The New Alliance Bank operates a full service branch bank on site, which is open two mornings each week.

Connecticut Food Bank

A Branch of the Connecticut Food is located on the Tower One/Tower East campus.

Concepts for Adaptive Learning (CfAL)

A computer skills training program for families of inner-city elementary school children. CfAL conducts its training on computer stations in the Tower One activity room. Over the past five years more than 800 families have learned computer skills, had a donated and reconditioned computer installed at home and received one year of technical support.

Intergenerational program with the local elementary school

Every other week a classroom of students from the John C. Daniels elementary school comes to the Towers to meet with Tower One residents to interact with the 'grandmas and grandpas' and do a craft project together. This long-standing collaboration has resulted in an understanding and sense of respect between Tower One elderly residents and the low-income, mostly minority students who live in the adjacent Church Street South Housing Project. Three times each year all 300 plus students join residents for a beginning and end of the school year picnic as well as a Halloween parade.

Utopia Home Health Agency

This State Licensed Home Health Agency has been co- located in Tower One since 1992 providing nursing, home health aides, physical therapy, occupational therapy, speech therapy and social work. (See attached brochure)

Utopia Assisted Living Service Agency

This state licensed assisted living agency has been co-located in Tower One since February 14, 1997. The Assisted Living Service Agency provides assisted living services such as nursing, aides, medication management, etc. (See attached brochure)

The following listed organizations that have established partnerships with Tower One in providing services and have written letters of support for this HUD Assisted Living Conversion Program project. These letters along with those of community leaders are attached to this exhibit:

- ◆ State of Connecticut, Department of Economic and Community Development
- ◆ Hospital of Saint Raphael
- ◆ Utopia Assisted Living Service Agency/Utopia Home Care, Inc.
- ◆ Goodwin-Levine, Adult Day Health Center
- ◆ Jewish Family Service, New Haven
- ◆ Connecticut Assisted Living Association

Tower One's Ties to the Minority Community

As part of our commitment to serving the Greater New Haven community we have developed strong ties to the minority communities. The staff at Tower One actively participates with the Agency on Aging of South Central Connecticut, Retired Senior Volunteer Program, City of New Haven Senior Centers and other agencies to provide information about Tower One and to recruit minority and elderly applicants. In addition to the long standing collaboration with the John C. Daniel's School referenced above, other examples of Tower One's ties to the area's minority community are evidenced by employees serving in the dining services and assisted living service agency departments. Approximately 90% of Sodexo Dining Services employees are minority. Utopia Assisted Living Services Agency, with whom we have contracted to provide assisted living service to our residents, is a minority owned organization.

Employees

Tower One is an equal opportunity employer and values diversity in the workplace. Thirteen ethnic minorities, 20 women and 3 elders represent a significant portion of our staff of 42 employees.

Employment opportunities are filled following Tower One's human resource procedures and policies, thereby ensuring that job notices are distributed to all staff,

social service agencies, town/city offices, and groups representing minorities and persons with disabilities.

Board of Directors

36% of Tower One's Board of Directors are women and/or minorities (7 women). Furthermore, 42% of the Board of Directors are elders, including 3 residents.

Tenants' Council is led by residents (Resident Advisors) who are elected by the residents of Tower One. The Council meets monthly to discuss issues in a meeting that is open to all residents. Subsequently the Resident Advisors meet with management to present matters of concern to all residents. This application was presented at the last three meetings of the Tenant Council. Resident Advisors also hold positions on the Tower One board of directors. Tower One Resident Advisors represent diversity.

The *Residents Association* functions to provide special parties and entertainment for residents through funds raised in the Gift Shop which the association operates.

Residents

25% of the residents in Tower One are minority

Empowerment Zone

Tower One is located in the New Haven, CT Empowerment Zone. We have included completed form HUD-2990 (Certification of Consistency with the RC/EZ/EC-II's Strategic Plan) in Exhibit 111 as verification of this fact.

OFFICE OF THE MAYOR

165 CHURCH STREET • NEW HAVEN • CONNECTICUT 06510



JOHN DESTEFANO, JR.
Mayor



*The vision of New Haven's children
is our city's greatest resource**

June 16, 2008

Dorothy Giannini-Meyers, CEO
Tower One
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am writing to support the HUD Assisted Living Conversion Program grant application being submitted by the New Haven Jewish Community Council Housing Corp., Inc., a/k/a Tower One.

It is my understanding that this proposal will enable the continued modification and adaptation of the Tower One apartments and building, which is almost forty years old, so that it can meet the needs of current and future residents. The proposed project will increase the number of assisted living apartments in Tower One thus providing the accessible features necessary to meet the special needs of residents who need assisted living services.

The project also proposes to install a third elevator to the building to accommodate the safety, wellbeing and changing needs of the resident population. The current two elevators have become insufficient due to the large number of residents who now utilize walkers, wheelchairs and motorized scooters. Emergency medical personnel are often frustrated in their efforts to promptly reach a resident in need of emergency assistance because of long delays waiting for an elevator which places the safety of residents in jeopardy.

Meeting the needs of the elderly is a top priority for me. There is a serious need for affordable assisted living in our community and I believe that Tower One's ALCP project will continue to help us to meet that need.

If I can be of any further assistance please do not hesitate to call upon me or my staff.

Very truly yours,

[REDACTED]
John DeStefano, Jr.
Mayor



phone 203.946.8200 fax 203.946.7683

**This creative impression is the work of Jennifer Montalvo, a student at Nathan Hale School.*



STATE OF CONNECTICUT
DEPARTMENT OF SOCIAL SERVICES
25 SIGOURNEY STREET • HARTFORD, CONNECTICUT 06106-5033

June 16, 2008

Ms. Dorothy Giannini-Meyers
Tower One
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

The Department of Social Services, Money Follows the Persons Demonstration Office (MFP) is in receipt of the Tower One HUD Assisted Living Conversion Program (ALCP) Application. The application describes Tower One's plan to convert 18 of their 196 units to accessible assisted living units. MFP fully supports this proposal.

Increasing the number of assisted living units in the State is a key component of the MFP housing strategy. This strategy was detailed in the MFP Operational Protocol recently submitted to The Centers for Medicare and Medicaid Services. Successful implementation of this strategy is critical if Connecticut is to rebalance its long term care system. The increase in the number of assisted living units, more specifically ALCP conversions, provides expanded opportunities for persons living in subsidized housing to 'age in place' with access to needed services. In addition, the increase provides expanded housing options for persons currently living in nursing homes who would like to live in a less restrictive environment.

If awarded, MFP will form a strategic partnership with Tower One's ALCP project. While Tower One could provide a needed housing option to persons transitioning from nursing homes under MFP, MFP could provide the needed service dollars. Persons choosing Tower One as their housing of choice under MFP would be eligible for up to \$75 per day in assisted living services based on their individual level of need. Assisted living services offered include personal care, homemaker, chore, companion, medication oversight, periodic nursing evaluation, transportation as specified in the care plan, therapeutic social and recreational programming, and 24 hour on-site response staff. This project provides an excellent opportunity to coordinate Federal dollars directed towards housing with home and community based service dollars. While MFP partnership at a local level would be with Tower One, at a State level this proposal represents a partnership between HUD and MFP.

Lack of affordable, accessible housing is a key barrier to successful rebalancing efforts in the State of Connecticut. The Tower One proposal represents an important step towards addressing the housing barrier. If funded, up to 18 persons who are currently institutionalized would have the choice to live in the community.

Connecticut's Department of Social Services' MFP office fully supports the Tower One proposal and looks forward to a successful partnership with both HUD and Tower One.

Sincerely,

[REDACTED]
David Parrella
Director, Medical Care Administration

DP:dls

c: Suzanne Piacentini, Director, Multifamily Program Center
Dawn Lambert, Project Director, Money Follows the Person Rebalancing Demonstration



Joan McDonald
Commissioner



State of Connecticut
Department of Economic and
Community Development

June 9, 2008

Ms. Dorothy Giannini-Meyers, President
New Haven Jewish Federation
Tower One/Tower East
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

RE: Assisted Living in Federal Facilities (ALFF); Letter of Support

This letter is intended to indicate this Department's support for your organization's efforts to apply to the U.S. Department of Housing and Urban Development for Assisted Living Conversion funds. Please use this letter as an indication of our support for this application.

In accordance with the provisions of Section 8-206e of the Connecticut General Statutes, the Department of Economic and Community Development, in concert with the Department of Social Services (DSS) and the Office of Policy and Management, has provided a grant for the period July 1, 2008 through June 30, 2009 to subsidize the cost of providing assisted living services to eligible residents of Tower One/Tower East through the state-funded Assisted Living in Federal Facilities (ALFF) program. In addition, this award has provided your organization with access to the Department of Social Services' Connecticut Home Care Program for Elders (CHCPE), which allows for the reimbursement of the cost of assisted living services to residents otherwise eligible under that program. Pending final budgetary action by the State Legislature, it is this Department's intention to continue to fund this activity for the fiscal year to follow.

DECD is pleased that you and your organization are interested in providing services for the growing needs of the State's aging citizens.

Sincerely,

[REDACTED]
Joan McDonald, Commissioner

MCS



CONNECTICUT
ASSISTED LIVING
ASSOCIATION

May 30, 2008

Dorothy Giannini-Meyers
New Haven Jewish Federation Housing Corp., Inc.
Tower East
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am writing as president of the Connecticut Assisted Living Association (CALA) to express our enthusiastic support for Tower East in its plan to convert existing apartments to assisted living apartments for the very low-income elderly in New Haven, and to make other improvements in the building for the benefit and well-being of residents. I am very aware of the lack of affordable assisted living in this area and am pleased that Tower East has taken the initiative to submit a proposal to address this need.

CALA enjoys a long-standing collaborative relationship with Tower East. Since 1997, Tower East has been a committed and active member of CALA. CALA is pleased to continue our collaboration, and hope that this new application will be approved for funding, since we experience first-hand the need for a physical environment to better meet the needs of the increasing number of frail elders residing at Tower East.

CALA is pleased to work in coordination with Tower East in developing a comprehensive approach to providing assisted living services and heartily endorses Tower East in its efforts to bring a much needed affordable assisted living facility to New Haven's elders. CALA intends to continue our support of Tower East and this project.

Sincerely,

Christopher Carter
President

Concepts *for* Adaptive Learning

June 2, 2008

P.O. Box 8265
New Haven, CT 06530
Tel. (203) 410-3679
Fax (203) 272-3451
www.EachChildLearns.org
Curtis-Hill@cox.net

Directors

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(Board Chair)

Hillel Anshbach, Esq.

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Rabbi Richard Eisenberg

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(Executive Director)

Svetla Leinwand

Dr. Vivian Martinez

Michele Moore

Matthew Nemerson

Patricia Adin-Rahman

Dr. Dena Wallerson

Staff

Curtis Hill
(Executive Director)

Wendy Vaughan
(Development)

Volunteers

Heather Dequatre

Cheryl & Fony Farah

Connie Hill

Loby Holman

Chris & Rick Kemp

Stef Lovorato

Sam McKee

Daniel Pym

Michael Rukhovich

Ms. Dorothy Giannini-Meyers
President/CEO
Tower One/Tower East
18 Tower Lane
New Haven, Connecticut 06519

Dear Ms. Giannini-Meyers:

By means of a brief abstract, Concepts *for* Adaptive Learning (CfAL) is a New Haven, CT-based nonprofit organization that exists to help public school children improve their education, starting in New Haven's poorest neighborhoods. CfAL strives to achieve this goal by increasing disadvantaged parents' involvement in their children's education and increasing teachers' classroom effectiveness. The organization trains parents and teachers how to use computers, and upon completing training they give refurbished computers to the parents.

In collaboration with Tower One/Tower East, the Towers has donated space to CfAL in the evening hours to train the parents, while their children wait, at times doing their homework. Since August 2003, CfAL has used this donated space to instruct 778 parents. With an average of 2.19 children per household, in less than 5 years of instructing parents at the Towers, their Technology Cascade & Training Program has impacted the lives of more than 2,400 parents and children.

The space being donated, approximately 320 square feet, houses 13 computer workstations, and 4 printers, all connected through a wireless network. Although, 1 system is dedicated for use by Towers residents, all the workstations are available for training Towers residents on a wide variety of topics.

By all means, please contact me if you have any questions.

Thank you,

[REDACTED]
Curtis M. Hill
Executive Director



Main Office
444 Foxon Road
East Haven, CT 06512
P (203) 466-3050 | F (203) 466-1826
www.utopiahomecare.com

Hartford
999 Asylum Avenue
Hartford, CT 06105
P (860) 882-0000
F (860) 882-1885

New London
225 State Street, Suite 103
New London, CT 06320
P (860) 443-7222
F (860) 437-3498

Norwalk
10 Mott Avenue
4th Floor
Norwalk, CT 06854
P (203) 855-0979
F (203) 855-0038

Waterbury
527 Wolcott Street
Waterbury, CT 06705
P (203) 596-7991
F (203) 596-7386

June 5, 2008

Dorothy Giannini-Meyers
New Haven Jewish Community Council Housing Corp., Inc.
Tower One
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am writing as Executive Vice President of Utopia Assisted Living, Inc and Utopia Home Care, Inc to express our enthusiastic support for Tower One in its plan to convert a portion of Tower One to assisted living apartments for the very low-income elderly in New Haven, and to add an elevator that is greatly needed for the safety and well-being of residents. I am very aware of the lack of affordable assisted living in this area and am pleased that Tower One has taken the initiative to submit a proposal to address this need.

Utopia Assisted Living enjoys a long-standing collaborative relationship with Tower One. Since 1992 the management and staff of Utopia Assisted Living Services has enjoyed a mutually beneficial collaborative relationship with Tower One since locating our home care agency at the Towers. We are pleased to continue our collaboration, and hope that this new application will be approved for funding, since we experience first-hand the need for a physical environment to better meet the needs of the increasing number of frail elders residing at Tower One.

Organization name is pleased to work in coordination with Tower One in developing a comprehensive approach to providing assisted living services and heartily endorses Tower One in its efforts to bring a much needed affordable assisted living facility to New Haven's elders. We intend to continue our support of Tower One and this project.

Sincerely,

David C. Martinez
Executive Vice President
Utopia Assisted Living, Inc



Hospital of Saint Raphael

A member of the Saint Raphael Healthcare System

*Major teaching affiliate of
Yale University School of Medicine*

1450 Chapel Street
New Haven, Connecticut 06511
(203) 789-3000

Gerard J. Kerins, M.D., F.A.C.P.
Section Chief - Geriatrics
Department of Medicine
(203) 789-4150 Fax: (203) 789-3222
E-mail: gkerins@srhs.org

Assistant Clinical Professor
Yale University School of Medicine

May 30, 2008

Dorothy Giannini-Meyers
New Haven Jewish Community Council Housing Corp., Inc.
Tower One
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am writing as Chief of Geriatric Medicine at the Hospital of Saint Raphael's Project ElderCare to express our enthusiastic support for Tower One in its plan to convert a portion of Tower One to assisted living apartments for the very low-income elderly in New Haven, and to add an elevator that is greatly needed for the safety and well-being of residents. I am very aware of the lack of affordable assisted living in this area and am pleased that Tower One has taken the initiative to submit a proposal to address this need.

The Hospital of Saint Raphael enjoys a longstanding collaborative relationship with Tower One. Since 1995 we have provided on-site primary care for Tower One residents. We are pleased to continue our collaboration, and hope that this new application will be approved for funding, since we experience first-hand the need for a physical environment to better meet the needs of the increasing number of frail elders residing at Tower One.

The Hospital of Saint Raphael is pleased to work in coordination with Tower One in developing a comprehensive approach to providing assisted living services and heartily endorses Tower One in its efforts to bring a much needed affordable assisted living facility to New Haven's elders. We intend to continue our support of Tower One and this project.

Sincerely,

Gerard J. Kerins, M.D., F.A.C.P.
Section Chief, Geriatric Medicine

GJK:ssp

FAMILY
SERVICE
NEW HAVEN

1440 WHALLEY AVENUE, NEW HAVEN, CONNECTICUT 06515
PHONE: (203) 389-5599 FAX: (203) 389-5904 WWW.JFSNH.ORG

May 29, 2008

Dorothy Giannini-Meyers
New Haven Jewish Community Council Housing Corp., Inc.
Tower One
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am writing as Acting Director of Jewish Family Service of New Haven to express our enthusiastic support for Tower One in its plan to convert a portion of Tower One to assisted living apartments for the very low-income elderly in New Haven, and to add an elevator that is greatly needed for the safety and well-being of residents. I am very aware of the lack of affordable assisted living in this area and am pleased that Tower One has taken the initiative to submit a proposal to address this need.

Jewish Family Service of New Haven enjoys a long-standing collaborative relationship with Tower One. Since Tower One was first built we have worked closely with staff, residents and family members as was needed. We are pleased to continue our collaboration, and hope that this new application will be approved for funding, since we experience first-hand the need for a physical environment to better meet the needs of the increasing number of frail elders residing at Tower One.

Jewish Family Service is pleased to work in coordination with Tower One in developing a comprehensive approach to providing assisted living services and heartily endorses Tower One in its efforts to bring a much needed affordable assisted living facility to New Haven's elders. We intend to continue our support of Tower One and this project.

Sincerely,

[REDACTED]
Heni Schwartz, LCSW
Acting Director


June 5, 2008

Dorothy Giannini-Meyers
New Haven Jewish Community Council Housing Corp., Inc.
Tower One
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am the family member of a resident of Tower One and I want to express my support for Tower One in its plan to convert additional apartments in Tower One to assisted living apartments for the very low-income elderly in New Haven. I am especially enthusiastic about the plan to add an elevator to Tower One. A third elevator is much needed to ensure the life safety and well being of the residents who live here. I am pleased that Tower One has taken the initiative to submit a proposal to address both the need for affordable assisted living for people in the greater New Haven area and for an elevator.

Sincerely,




June 5, 2008

Dorothy Giannini-Meyers
New Haven Jewish Community Council Housing Corp., Inc.
Tower One
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am the family member of a resident of Tower One and I want to express my support for Tower One in its plan to convert additional apartments in Tower One to assisted living apartments for the very low-income elderly in New Haven. I am especially enthusiastic about the plan to add an elevator to Tower One. A third elevator is much needed to ensure the life safety and well being of the residents who live here. I am pleased that Tower One has taken the initiative to submit a proposal to address both the need for affordable assisted living for people in the greater New Haven area and for an elevator.

Sincerely,



June 2, 2008

Dorothy Giannini-Meyers
New Haven Jewish Community Council Housing Corp., Inc.
Tower One
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am a resident of Tower One and currently live in a classic apartment. I want to express my support for Tower One in its plan to convert additional apartments in Tower One to assisted living apartments for the very low-income elderly in New Haven. Additional assisted living apartments will provide me the opportunity to remain in Tower One should I need an assisted living unit in the future. I am especially enthusiastic about the plan to add an elevator to Tower One. A third elevator is much needed to ensure the life safety and well being of the residents who live here. I am pleased that Tower One has taken the initiative to submit a proposal to address both the need for affordable assisted living and for an elevator.

Sincerely,

A large, dark, irregular redacted area covering the signature and possibly the name of the sender.

June 4, 2008

Dorothy Giannini-Meyers
New Haven Jewish Federation Housing Corp., Inc.
Tower East
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am a resident of Tower East and I want to express my support for Tower East in its plan to convert apartments in this building to assisted living apartments for the very low-income elderly in New Haven, and to make other improvements in the building for the benefit and well being of the residents. Converting apartments to assisted living units will provide me with the opportunity to remain in Tower East should my needs change and an assisted living unit is necessary for my safety and well being. I am pleased that Tower East has taken the initiative to submit a proposal to address the needs of the low income residents who currently live in Tower East, and for the low income elderly residents in the greater New Haven area.

Sincerely,

[REDACTED]

June 2, 2008

Dorothy Giannini-Meyers
New Haven Jewish Community Council Housing Corp., Inc.
Tower One
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am a resident of Tower One and currently live in a classic apartment. I want to express my support for Tower One in its plan to convert additional apartments in Tower One to assisted living apartments for the very low-income elderly in New Haven. Additional assisted living apartments will provide me the opportunity to remain in Tower One should I need an assisted living unit in the future. I am especially enthusiastic about the plan to add an elevator to Tower One. A third elevator is much needed to ensure the life safety and well being of the residents who live here. I am pleased that Tower One has taken the initiative to submit a proposal to address both the need for affordable assisted living and for an elevator.

Sincerely,

[REDACTED]

June 5, 2008

Dorothy Giannini-Meyers
New Haven Jewish Community Council Housing Corp., Inc.
Tower One
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am the family member of a resident of Tower One and I want to express my support for Tower One in its plan to convert additional apartments in Tower One to assisted living apartments for the very low-income elderly in New Haven. I am especially enthusiastic about the plan to add an elevator to Tower One. A third elevator is much needed to ensure the life safety and well being of the residents who live here. I am pleased that Tower One has taken the initiative to submit a proposal to address both the need for affordable assisted living for people in the greater New Haven area and for an elevator.

Sincerely,

[REDACTED]

18 Tower Lane, Apt. 1404
New Haven, CT 06519

June 8, 2008

Ms. Dorothy Giannini-Meyers
New Haven Jewish Community Council
Housing Corporation, Inc.
Tower One
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am a resident of Tower One and currently live in a classic apartment. I want to express my support for Tower One in its plan to convert additional apartments in Tower One to assisted living apartments for the very low-income elderly in New Haven. Additional assisted living apartments will provide me the opportunity to remain in Tower One should I need an assisted living unit in the future. I am especially enthusiastic about the plan to add an elevator to Tower One. A third elevator is much needed to ensure the life safety and well being of the residents who live here. I am pleased that Tower One has taken the initiative to submit a proposal to address both the need for affordable assisted living and for an elevator.

Sincerely,

[REDACTED]
Tower One Resident

June 2, 2008

Dorothy Giannini-Meyers
New Haven Jewish Community Council Housing Corp., Inc.
Tower One
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am a resident of Tower One and currently live in a classic apartment. I want to express my support for Tower One in its plan to convert additional apartments in Tower One to assisted living apartments for the very low-income elderly in New Haven. Additional assisted living apartments will provide me the opportunity to remain in Tower One should I need an assisted living unit in the future. I am especially enthusiastic about the plan to add an elevator to Tower One. A third elevator is much needed to ensure the life safety and well being of the residents who live here. I am pleased that Tower One has taken the initiative to submit a proposal to address both the need for affordable assisted living and for an elevator.

Sincerely,

[REDACTED]

June 2, 2008

Dorothy Giannini-Meyers
New Haven Jewish Community Council Housing Corp., Inc.
Tower One
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am a resident of Tower One and currently live in a classic apartment. I want to express my support for Tower One in its plan to convert additional apartments in Tower One to assisted living apartments for the very low-income elderly in New Haven. Additional assisted living apartments will provide me the opportunity to remain in Tower One should I need an assisted living unit in the future. I am especially enthusiastic about the plan to add an elevator to Tower One. A third elevator is much needed to ensure the life safety and well being of the residents who live here. I am pleased that Tower One has taken the initiative to submit a proposal to address both the need for affordable assisted living and for an elevator.

Sincerely,

[REDACTED]

June 4, 2008

Dorothy Giannini-Meyers
New Haven Jewish Federation Housing Corp., Inc.
Tower East
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am a resident of Tower East and I want to express my support for Tower East in its plan to convert apartments in this building to assisted living apartments for the very low-income elderly in New Haven, and to make other improvements in the building for the benefit and well being of the residents. Converting apartments to assisted living units will provide me with the opportunity to remain in Tower East should my needs change and an assisted living unit is necessary for my safety and well being. I am pleased that Tower East has taken the initiative to submit a proposal to address the needs of the low income residents who currently live in Tower East, and for the low income elderly residents in the greater New Haven area.

Sincerely,

[REDACTED]

June 4, 2008

Dorothy Giannini-Meyers
New Haven Jewish Federation Housing Corp., Inc.
Tower East
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am a resident of Tower East and I want to express my support for Tower East in its plan to convert apartments in this building to assisted living apartments for the very low-income elderly in New Haven, and to make other improvements in the building for the benefit and well being of the residents. Converting apartments to assisted living units will provide me with the opportunity to remain in Tower East should my needs change and an assisted living unit is necessary for my safety and well being. I am pleased that Tower East has taken the initiative to submit a proposal to address the needs of the low income residents who currently live in Tower East, and for the low income elderly residents in the greater New Haven area.

Sincerely,

[REDACTED]

June 5, 2008

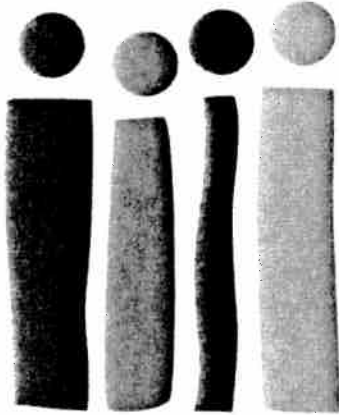
Dorothy Giannini-Meyers
New Haven Jewish Federation Housing Corp., Inc.
Tower East
18 Tower Lane
New Haven, CT 06519

Dear Ms. Giannini-Meyers:

I am the family member of a resident of Tower East and I want to express my support for Tower East in its plan to convert apartments in Tower East to assisted living apartments for the very low-income elderly in New Haven, and to make other improvements in the building for the benefit and well being of the residents. Having assisted living units in Tower East will provide my loved one to have the opportunity to remain in the building and live in an assisted living unit should that become necessary for health and safety reasons. I am pleased that Tower East has taken the initiative to submit a proposal to address the needs of the low income residents who currently live in Tower East, and for the low income elderly residents in the greater New Haven area.

Sincerely,

[REDACTED]



**Tower One
Tower East**

Annual Report 2006 –2007

Report from Chairman of the Board and President
October 2007

We are proud and honored to report that our vibrant and successful Towers community is flourishing. This report represents an overview of the endeavors, opportunities for growth and development and challenges encountered by the Towers organization during the 2006-2007 fiscal-year. While touching on the highlights, it does not begin to represent the level of dedication and hard work on the part of so many people that goes into providing the safe harbor, life-affirming and enriching community that the residents and their families rely on twenty-four hours each day, seven days of each week.

The July 1, 2006 to June 30, 2007 fiscal year ended with Tower One and Tower East both enjoying strong fiscal and operational conditions. Financial and business operations continue to become more demanding and complex as more layers of compliance are required. Fortunately our dedicated finance and business staff are meeting these new challenges.

The physical plants of both buildings underwent major infrastructure improvements. Rebuilding the eighth, ninth and tenth floors of Tower One has just been completed. The eight apartments on each floor have proven to be so desirable that all twenty-four were spoken for prior to construction completion and our new neighbors are moving in now. In Tower East all windows were replaced and repointing on the exterior of the building was completed. Hallways throughout were painted and new carpeting was installed. Ongoing preventive maintenance and rehabilitation of apartments prior to new residents taking occupancy keeps both buildings in superb condition.

While taking care of our buildings and grounds is important, we are told that where we really shine is taking care of people. We maintain laser-like focus on quality service; whether service is provided by staff that are directly in the Towers employ or by one or more of our associate organizations - our standards prevail. In addition to physical care and standard type of activities residents are offered more intellectually stimulating leisure time opportunities such as creative writing, art classes,

book club, current event discussions and music appreciation.

Board Development and Strategic Planning are focal points for the Board of Directors as good governance practices continue to be pursued and enhanced. Quinnipiac University's Graduate School of Professional Studies chose the Towers to participate with two of their Capstone Projects that were directed at board enhancement.

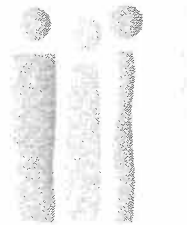
Board and individual director surveys were completed for a second consecutive year. Results indicate that our governance practices are on the right track. All indications are that directors have embraced fund development as a priority understanding that all life-enhancements for our residents only come from the funds raised outside of residents' rent because their rent only pays for operation and management of the buildings.

Now the Towers organizations are looking to the future poised to continue to fulfill our mission, remaining a vital force and leader in elder care. As we do this, we encourage and welcome the continued support of dedicated individuals and the greater community.

Thank you for your support and interest and for allowing us the opportunity to lead this outstanding organization.

Peter Newman
Chair of the Board

Dorothy Giannini-Meyers
President



Donations made to Tower One, Inc.,
for the benefit of
Tower One/Tower East residents
July 1, 2006 to June 30, 2007

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| Charlotte and Bobby Wayne Adams | Evelyn Brown |
| Joshua and Rochelle Adani | Frances Brown |
| Agnes Adler | Joyce Brown |
| Diane and Elliot Alderman | Karen and Richard Brown |
| Lucille Alderman | Jack and Lillian Brown |
| Daisy Allen | Samuel and Susan Burstein |
| Edythe Altvater | Susan and Barry Buxbaum |
| Ellen Angus | Eda Calechman |
| Mr. and Mrs. Roger Astmann | Rose Calloway |
| Dr. and Mrs. Stephen Atlas | Rosina Carpentier |
| Robert and Irma Bachman | Dr. and Mrs. Harvey Cedarbaum |
| Abram and Tsilya Badinter | Daniel Chesir |
| Muriel and Earl Banquer | Joan Chetrick |
| Mackey Barron | Betty Clark |
| Reberta Beattie | Leo and Harriet Clarke |
| Myrna and Paul Beck | Dollie Clemons |
| Sharon and David Bender | Eleanor Cobb |
| Bender Plumbing Supplies | Sue Cohen |
| Anatoly and Yeugenia Bendersky | Shirley Cohen |
| Mary Bergan | Minnie Cohen |
| Beverly Bergstein | Charles Cohen |
| Martin and Frances Bernstein | Morris and Gloria Cohen |
| Martin Bevetsky | Dr. Gordon and Marjorie Cohen |
| John Bilbao | Judith (Julia) Cohen |
| Dorothy Blaustein | Congregation Or Shalom, Inc. |
| Cindy and Jules Block | Miriam Cooper |
| Jules Block | Geary Corves |
| Florence Blossveren | Fred Crenshaw |
| Barbara and Marc Blossveren | Peter Cresswell |
| Ruth Blum | Margaret Danihy |
| Jeffrey Blum | Lynn and George Davenport |
| Betty Lou and Joseph Blumberg | Faye Davis |
| Beatrice Boxley | Paul and Debbie Davis |
| Marilyn Braginsky | Debra Davis-Frazier |
| Dr. and Mrs. Stephen Brenner | Evelyn Dermer |
| Charlotte Brenner | Carol and Satish Dhawan |
| Rabbi Gerald Brieger | Elaine and Alan Diamond |
| Phyllis Brodoff | Donald and Patricia Dimenstein |
| Doris Bromfield | Joseph and Lillian Dimow |

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| Ina and Mark Donohoe | Robert and Kathleen Glassman |
| Virginia Dowd | Miriam and Ephrem Glenn |
| Mabel Draper | Leonard and Rita Gold |
| Sheila Dubak | Goldie and Zelly Goldberg |
| Laurie and Nevin Dubin | Florence Gooding |
| Rabbi Richard Eisenberg | Pauline Goodman |
| Dr. and Mrs. Arnold J. Eisenfeld | Robert and Sue Y. Goodman |
| John and Civia Eldrich | Goodwin Levine Charitable Foundation |
| Emily Emerson | John and Frances Gordon |
| Ophelia Empleo-Frazier MSN, C-GNP | Israel and Adele Gordon |
| Lucille Enson | Shirley Graf |
| Ethel Epstein | Charles Gray |
| Dr. and Mrs. Edward Etkind | Marilyn and Mark Gredinger |
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| Janet and Sidney Evans | Irene Greenberg |
| Joel and Jodi Evans | Mildred Greenberg |
| Ronald and Linda Evans | Steven Greenberg |
| James Evans | Stanley Greenberg & Rosa DeLauro |
| Samuel and Claire Faiman | Solomon Greenspan |
| Dorothy Falk | Ida Grooms |
| Grigory and Yeliza Farber | Elaine and Jay Grossman |
| Ann Feldman | Dr. and Mrs. Richard Grossman |
| Richard and Rosanne Ferraro | Lillian Groveman |
| June M. Finkel | Halton Company |
| Inge and Leonard Fish | Judith Hahn |
| Terry Fleischer | Roberta Hamilton-Blum |
| Lillian Fleischner | Jill S. Hammond |
| Steven and Susan Floman | Joyce Handleman |
| Sylvia Fogel | Kenneth and Reyna Harrison |
| Gail and Kevin Ford | Vivian Hart |
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| Ms. Geraldine Frankel | Margaret Harvey |
| Maggie Free | Richard Hawkins |
| Julius Friedman | Alexander Heisler |
| Marilyn and Basil Friedman | Hobart Corporation |
| Edith Friedman | Mr. Andrew and Barbara Hodes |
| Karen Funkenstein | The Hollander Foundation |
| Dolores Galiette | Cora Holland |
| Howard Gall | Helen Holland |
| Aron Gekhman | Richard and Vicki Horowitz |
| Albert Gershman | David Horowitz |
| Thomas and Sandra Giannini | Estelle Horwitz |
| Louise Giannini | Willa Houlihan |
| Steven Meyers & Dorothy Giannini - | Hilda Israel |
| Meyers | Jewelene Ivory |
| Fred and Bernice Gillman | Robert and Barbara Jacobs |

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| Penelope Jennett | Sidney and Donna Levine |
| Noreen Jones | Harold Levitz |
| Alan and Denise Judelson | Joel Levitz |
| Bruce and Deborah Judelson | Stuart and Judy Levitz |
| Lillian Kabakoff | Bertha Levy |
| Bertha Kahn | Eleanor Lewis |
| Geoffrey Kandall | Mr. and Mrs. Joel P. Liebling |
| Milton Kantrovitz | Shaun Liebskind |
| Vivian and Richard Kantrow | Benjamin and Loretta Lipka |
| Sofiya Kaper | Janice Lippincott |
| Naomi and Howard Karten | Ellen Liskov |
| Richard and Elinor Katz | Mr. and Mrs. John Loeb |
| Barbara and Ivan Katz | Lena Low |
| Zelda Keller | Azril Loyferman and Paya Shvets |
| Elizabeth Kelly | Neil and Patricia Luban |
| Ruby Kendall | Roberta and Howard Lurie |
| Nina Khlystova | Milton and Shirley Lurie |
| Sayre Klebanoff | Miriam Lutch |
| Mr. and Mrs. Sidney S. Klein | Elinor Lutch |
| Lucy (Keynya) Kleyman | Robert Lyman |
| Alan and Naomi Klotz | Reva and Gary Lynes |
| Iosif and Vladlena Kogan | Roslyn Maginsky |
| Sylvia Konners | Harry Mangle |
| Jacqueline and Kurt Koral | Abram and Mary Mann |
| Dorothy Krass | Abram Maranets |
| Rae Kravitz | Esther Marcus |
| Ruth Krawetz | Jane and Hank Maretz |
| Rita Krevit | Abraham Margolies |
| Zelda Kroogman | Allan and Mae Margolis |
| Shirley Kroop | Anne Marnel |
| David and Darryl Rotman Kuperstock | Joseph Mascia |
| Joan LaFaille | Sam and Nadezhda Mashurov |
| Bessie Lander | Alan and Hinda Massey |
| Shelby Landesberg | Jacqueline Mathews |
| Shirley Lane | Frank Mattei |
| Joyce Lanier | Fanya Mayzlina |
| Sally Larrick | Joseph McGloin |
| Janet and Paul Lasewicz | Sherman and Sylvia Medalie |
| Law Office of Barbara H. Katz | Bella Medovnikova |
| Ruth Ledbetter | Neil and Jacquelyn Melmed |
| Cindy and David Leffell | Lawrence Merriam |
| Dr. and Mrs. Robert M. Lerman | Sam and Rose Merriam |
| Celia Lerner | Rena Miller |
| I.S. Levi and D.L. Law | Saul and Sandra Milles |
| Mr. and Mrs. Arnold Levine | Jeffrey and Nancy Millett |
| Sheldon Levine | Frank Mitchell |
| Ann Levine | Dorothy Moore |

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| Elizabeth Morin | Susan Rosen |
| Aizic and Ela Moscovici | Irene and Les Rosenbaum |
| Ira and Marsha Moses | Stanley Rosenbaum and Paula Hyman |
| Mark and Ilene Moyher | Helene Rosenberg |
| MPH Group Inc. | Mr. and Mrs. Nathan Rosenberg |
| Mattie Murphy | Max Rosenkrantz |
| Lena Muzzi | Benjamin and Myrna Rottman |
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| Gerald Newman and Susan Ringel | Gary and Hana Rudnick |
| Peter Newman | Ruth Rudnick |
| Herbert and Edna Newman | Joanne and Stephen Rudof |
| Maria Nowacki | Janice and John Rudy |
| Lloyd and Verna Nurick | Rosalia Ruiz |
| Mary O'Rourke | Martin and Jane Sachs |
| Rebecca and Nicolas Olshansky | Michael and Linda Saffer |
| Esther and Floyd Ozeck | Laura Mae Salter |
| Miriam Ozeck | Dr. and Mrs. Henry B. Samson |
| Sam Ozeck | Blanche and Alvin Sapadin |
| Rosella Pagter | Theodore and Mollie Satin |
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| Dr. Gary and Deneen Pearl | David Schaefer and Janet Hall |
| David and Laura Pels | Ted and Debra Schaffer |
| Harold Perlin | David E. Schancupp |
| Dr. Theodore and Sydney Perry | Pearle Schaperow |
| Phoenix Foundation | Norma Schnapp |
| Mary Piazza | Dr. and Mrs. Jonathan Schneider |
| Anthony and Diane Piazza | Shirley F. Scholder |
| Philip Pivawer | Adelaide Scott |
| Marilyn Platcow | Ina Seider |
| Benjamin Podosek | Sam Seif |
| Evelyn Pollack | Ruth Seifert |
| Elizabeth Pollard | Rita and Aminadav Sela |
| Mary Pouncey | Martha and Robert Seldon |
| Ella Prillig | Tracy and Helen Selmon |
| Hyla Raphael | Gertrude Selwitz |
| Gary and Marlene Rappaport | Barbara and Mark Seymour |
| Lillian Rappaport | Arnold and Arlene Shanbrom |
| Malcolm and Barbara Rashba | Sidney and Elinor Shanbrom |
| Norman and Harriet Rashba | Lawrence and Sherry Shanbrom |
| Elizabeth and Alan Reznik | Richard Shiffrin |
| Judy Rifkin | Srul Shvartsburd |
| Gertrude Robinson | Dr. Alan P. Siegal |
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| Evelyn Rogers-Ford | Elaine and Mark Silverman |

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| Mark and Judith Sklarz | Frances Warshaw |
| Judge and Mrs. David W. Skolnick | Irwin and Dorothy Wasserman |
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| Steven and Susan Smith | Mr. and Mrs. Alan B. Wayne |
| Martha Solnit | Anna Webb |
| Cecile Spector | Vera Weinstein |
| Jerome Spector | Dr. and Mrs. Bertrand Weisbart |
| Howard and Marian Spiro | Dorothy Weishaus |
| Shirley Steinbach | Richard Weiss & Lynda Rosenfeld |
| Rabbi and Mrs. Steven Steinberg | Faye (Frances) Wendell |
| Rose Steinman | Marian Wexler |
| Shirley Stephson | Dorothy Whittaby |
| Lawrence and Betsy Stern | Michael Wichter |
| Freda Stern | Carroll Williams |
| Clarence Stewart | Ella Willner |
| Elsa Stone & Steven Wolfson | Barbara Wilson |
| Alan Strauss | Mr. and Mrs. Ian Winnick |
| Frieda Strosberg | Arleen Winters |
| Cornelius Sullivan | Melanie and James Wolf |
| Evelyn B. Teush | Mark Wolfe and Barbara Flotte |
| Rosemary Tiedeman | Lilly Zayaruzny |
| Ethel Tolson | Karen and Ira Zeid |
| Nathan and Lillian Topf | Israel and Ruth Zelitch |
| Tower One/Tower East Resident's | Dr. and Mrs. Joseph H. Zelson |
| Association | Douglas and Susan Ziman |
| Tzedakah House | Joan Zito |
| Eleanor Ugolik | J. Zonderman & Laurel Shader, MD |
| Irena Urdang de Tour | Esther Zonenshine |
| Giorgina Vitale | Susan Zucker |
| Ann Waldman | |



Congratulations & Thank You

**To all of you who contributed time, effort
and dollars to make this year's
Community One so successful.**

FINANCIAL REVIEW
 For the Year Ended June 30, 2007

New Haven Jewish Community Council Housing Corp., d/b/a Tower One

| REVENUE | | EXPENSES | |
|-------------------------------|--------------------|--------------------------|--------------------|
| Net Rental Income | \$1,815,959 | Administrative | \$ 506,639 |
| Dining Service | 787,408 | Utilities | 420,143 |
| Net Investment Income | 16,307 | Operating/Maintenance | 517,272 |
| Assisted Living Grant Revenue | 288,555 | Taxes and Insurance | 313,353 |
| Other Revenues | 2,690,069* | Mortgage and Financial | 49,058 |
| TOTAL REVENUE | \$5,598,298 | Dining Service | 715,382 |
| | | Assisted Living Services | 288,555 |
| | | Depreciation | 671,310 |
| | | TOTAL EXPENSES | \$3,481,712 |

*Includes temporarily restricted assisted living conversion construction grant funds and service coordinator grant funds.

New Haven Jewish Federation Housing Corp., d/b/a Tower East

| REVENUE | | EXPENSES | |
|-----------------------|--------------------|------------------------|--------------------|
| Net Rental Income | \$2,708,151 | Administrative | \$ 484,802 |
| Net Investment Income | 37,550 | Utilities | 287,687 |
| Other Revenues | 106,410 | Operating/Maintenance | 542,248 |
| TOTAL REVENUE | \$2,852,111 | Taxes and Insurance | 461,836 |
| | | Mortgage and Financial | 446,928 |
| | | Depreciation | 330,775 |
| | | Amortization | 2,574 |
| | | TOTAL EXPENSES | \$2,556,850 |

Tower One, Inc.

| REVENUE | | EXPENSES | |
|----------------------------|-------------------|-------------------------------|-------------------|
| Donations | \$ 81,971 | Programs/Activities Expenses | \$ 62,745 |
| Programs/Activities Income | 21,025 | Spiritual Leader Salary | 12,725 |
| Rental Income | 7,561 | Employee Benefits | 528 |
| Other Income | 20,593 | Payroll Taxes | 6,799 |
| Interest Income | 7,864 | Services Salaries | 9,189 |
| Advertising Income | 180 | Newsletter Expense | 1,738 |
| Newsletter Income | 90 | Religious Program | 7,255 |
| Special Events Income | 11,752 | Development Salary | 27,867 |
| Net Assets released | | Events expenses | 23,742 |
| from restrictions | 9,388 | Advertising | 660 |
| TOTAL REVENUE | \$ 160,424 | General/Administrative Office | 23,597 |
| | | Professional | 4,050 |
| | | TOTAL EXPENSES | \$ 180,895 |

**Board of Directors
2006—2007
Tower One/Tower East**

Officers:

Peter Newman, *Chair of the Board*
Cindy Leffell, *Vice-Chair Finance*
John Gordon, *Vice-Chair Facilities*
Lloyd Nurick, *Vice Chair Resident Services*
David Schancupp, *Treasurer*
Douglas Skalka, *Secretary*
Richard Weiss, *Immediate Past Chair*

Directors at Large:

| | |
|------------------|-----------------|
| Sharon Bender | Alan Siegal, MD |
| Irwin Epstein | Betsy Stern |
| Jacqueline Koral | Nathan Topf |
| Sidney Levine | Melanie Wolf |
| Esther Ozeck | |

Resident Directors:

Willa Houlihan
Joe Mascia
Dorothy Moore

Tower One, Inc.

Board of Directors

| | |
|--------------------------------------|-----------------------------------|
| Peter Newman, <i>President</i> | Douglas Skalka, <i>Secretary</i> |
| Cindy Leffell, <i>Vice President</i> | David Schancupp, <i>Treasurer</i> |

Emeritus Directors

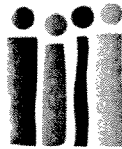
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| Diana Alderman | Barbara Katz |
| Robert Bachman | Rosalyn Kaye |
| Joseph Blumberg | Ted Schaeffer |
| Charlotte Brenner | Tracy Selmon |
| Andrew Eder | Rabbi Steven Steinberg |
| Eileen Eder | Shirley Stephson |
| Beatrice Horowitz | Jay Vlock |
| Alan Judelson | Rae Webber |
| Linda Kanter | Leonor Wexler |

The mission of the Towers organization is to provide older persons of varying means with high quality living arrangements and services based on Jewish values and traditions.

PROUD MEMBERS OF

American Association of Homes and Services for the Aging
Association of Jewish Aging Services
Assisted Living Federation of America
Connecticut Assisted Living Association
Connecticut Association of Not-for-Profit Providers for the Aging
Greater New Haven Chamber of Commerce





Tower One
Tower East

**Fostering Independence and Community—
It's All Right Here**

**Tower One/Tower East
18 Tower Lane
New Haven, CT 06519
203-772-1816 fax 203-777-5921
www.towerone.org**

Donor/Volunteer List

[REDACTED]
New Haven, CT 06519

[REDACTED]
Killingworth, CT 06419

[REDACTED]
Madison, CT 06443-2425

[REDACTED]
North Haven, CT 06473

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Orange, CT 06477

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April 25, 2008
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288-6500 x314 or
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by Main Event Caterers

vishnewhaven.org



Irving Enson Lecture, April 10: Memory Loss: When it Matters and When it Doesn't

The Jewish Home for the Aged and Tower One/Tower East will combine efforts with the Hospital of St. Raphael to present this year's lecture of the Irving Enson Lecture Series. Dr. Gerard Kerins will be the guest speaker. His timely topic, "Memory Loss: When it Matters and When it Doesn't" will explain the difference between memory glitches and memory problems.

This year's Enson Lecture will take place on Thursday evening, April 10, 2008 at the Jewish Community Center of Greater New Haven in Woodbridge.

The Lecture Series honors the memory of Irving Enson, beloved supporter of aging services. Enson, a respected local businessman and revered leader in the Jewish community, served as Chair of the New Haven Jewish Community Council (forerunner of the Jewish Federation of Greater New Haven). He also served as Board Chair for the Jewish Home for the Aged and as a founder and Board Chair of Tower One.

The Jewish Home for the Aged and Tower One / Tower East serve as partners in eldercare throughout the Greater New Haven community. Through the Enson Lecture, they join to bring aging issues to the forefront. The Jewish Home for the Aged is a residential skilled nursing provider with community outreach services including the Goodwin-Levine Adult Day Health Center and the Pearl Rosenstein Center for Rehabilitation. Award winning Tower One/Tower East offers affordable independent and assisted senior living on its beautiful downtown campus.

The event is open to the public. Please phone ahead for reservations to either The Jewish home at 203 789-1650 or the Towers at 203 772-1816.

Bud Lish Photography Exhibit, The Art of Aging, to Open April 6 at Towers

Bud Lish discovered photography more than 60 years ago. Currently a resident at Tower One/Tower East, Lish has regained his passion for his craft motivated largely by the regal, proud, and noble community he has called home for several years. The Towers will be hosting the opening of a permanent collection of his work on Sunday, April 6, 2008 at 11:00 am in the Tower East Community Room.

Lish feels that, "The Art of Aging with dignity is an art indeed. This collection endeavors to capture that sense of dignity. Inspired by Tower One/Tower East, I resumed my interest in photography, after a 30 years hiatus. The idea was to explore why the Towers is so successful in preserving that feeling – that we are family and this is truly our home. I sincerely hope to have done just that.

"In my travel for business and pleasure, I had the opportunity to take many photographs. When I showed my work to the Photographic Society of America they encouraged me to go further. Having exhibited in national and international salons, I became a four-star exhibitor.



Dr. Gerard Kerins



Bud Lish



Towers to Honor Volunteers April 6

On Sunday, April 6, Tower One / Tower East will celebrate National Volunteer month by recognizing the many residents and people in the Greater New Haven community who volunteer at the Towers. The tradition of volunteering has made an immeasurable impact on communities, organizations and individuals. Tower One / Tower East has an active, dynamic, and creative volunteer community. These special individuals possess the skills, desire, patience, and time to accomplish a wide variety of tasks.

The Towers is most fortunate in having both volunteers who come to share their time regularly to do a wide variety of programs and activities and an extraordinary core of volunteers that live in the Towers who do many projects.

In addition, on this day the Towers will be honoring two special people from the community. Malka Katz for her program, "Stories from the past with Malka." Katz's immeasurable wisdom and enthusiasm in facilitating the program is enjoyed by many of our residents. Betsy Stern will be honored for facilitating the Book Club for the Towers residents, for her volunteerism in assisting in staff training for Towers employees and her contributions as a committee member on the Towers Resident Activities Committee and Food Committee.

Jackie Curl Joins Towers Staff

Jackie Curl, RN, is now the Director of Resident Services at Tower One / Tower East in New Haven. Jackie comes to The Towers from Utopia Assisted Living, Inc where she was the Director of Clinical Services. Curl has been working with the senior population in the community setting for the past ten years. She received her education at SUNY Albany and maintains licensure as a

r families happy by making
residents can focus on living
celebrates the experience of

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Living Community

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PROGRAM FOR THE MEMORY IMPAIRED

UTOPIA

HOME CARE, INC.

1-800-227-3449



- ❖ Services offered on an intermittent basis as ordered by physician and concurred with by the patient.
- ❖ These services allow the patient to remain at home and teaches the patient and/or family to provide the care.
- ❖ To be eligible, client must be pre and/or post hospitalization, have had an acute episode of a new or previous condition, and be homebound.
- ❖ Services Available:
 - . Nursing Care
 - . Physical Therapy
 - . Speech Therapy
 - . Occupational Therapy
 - . Medical Social Services
 - . Home Health Aides

ASSISTED LIVING SERVICES, INC.

1-800-227-3449



- ❖ Services that provide task orientated assistance with daily living activities to those who choose to have additional support services in their residence.
- ❖ Our Agency works with the clients, family members and facility personnel to develop a suitable service plan for the client.
- ❖ Services offered are tailored to meet the needs of each client, either a Registered Nurse, Assisted Living Aide or both.
- ❖ Services Available:
 - . Morning Care
 - . Bath Services
 - . General Observation
 - . Evening Care
 - . Medication Monitoring and Set-Up
 - . Medication Set-Up Reminders
 - . Escort

HEALTH MANAGEMENT INC.

1-800-227-3449



- ❖ Staff that provides quality care to individuals in their home, hospital or in a short/long term facility.
- ❖ Staff available 24 hours, 7 days per week for hands-on personal care and/or live in.
- ❖ Services Available:
 - . Nursing-Visit or Hourly
 - . Medication Pre-Pour
 - . Personal Care Attendants
 - . Homemakers/Companions
 - . Live-Ins
 - . Laundry Aides
 - . Housekeeper
 - . Compu-Med Machine

Mission Statement

Utopia is committed to providing its patients and their families with quality services that demonstrate compassion, professionalism and dedication to the highest standards. We pledge to honor the patients' rights at all times and to assist them in achieving as much independence as possible. We will treat them with dignity and care for them as we would wish to be cared for ourselves.



October 1, 2004

For Immediate Release:
Making Health Care Decisions about the Future – Now!

For further information:
Dorothy Giannini-Meyers, President
Tower One/Tower East
203.772.1816

New Haven – Elder Law and Estate Planning Attorney Mark Connell will present a series of four seminars in October and November at Tower One/Tower East that will explore planning ahead for mental and physical incapacity.

The series, held in conjunction with National Advanced Health Care Directives Month in October, is free and open to the public. Sessions will run from 6:30 to 7:30 p.m. in the Tower East Meeting Room, 18 Tower Lane, New Haven. Parking also is free on the Tower One Campus.

The series includes:

- Wednesday, Oct. 20, Health Care Directives and Organ Donation. Health care advance directives are documents that specify health care preferences in the case of incapacity. The program will include sample forms to help attendees start the planning process.
- Wednesday, Oct. 27, Durable Power of Attorney beyond health care decisions. The session will focus on an in-depth definition of Durable Power of Attorney, what it can do and what it cannot do. Then, the use of the Durable Power of Attorney will be contrasted with Living Trusts and Conservatorships.
- Wednesday, Nov. 3, Common Payment Sources for Long-term Care, including Medicare, Medicaid or Title 19, and Long Term Care Insurance.
- Wednesday, Nov. 10, Estate Planning Strategies, with particular attention to some of the pitfalls that can be traps for the unwary, including the Connecticut Estate Tax and the dangers of not revising an estate plan when making an application for Medicare, Medicaid and other entitlement programs.

"These are important issues that affect not only our residents and their families, but the entire community," said Tower One/Tower East President Dorothy Giannini-Meyers. "We consider it an important part of our mission to offer programs of this nature to the community."

With 365 apartments, Tower One/Tower East is currently home to 400 residents aged 62 and older and provides its residents with independent housing plus a full-range of assisted living services as well as recreational, social and health support services tailored to each individual's needs.

For further information about the seminar series or the new assisted living apartments available at Tower One/Tower East, call 203.772.1816, ext. 250.

Reaching New Heights in Affordable Senior Living



18 Tower Lane • New Haven, Connecticut 06519 • 203-772-1816 • Fax: 203-777-5921

www.seniorhousing.net/towers



TOWER One

TOWER East

For immediate release:

New assisted living apartments
available at Tower One

For further information:

Dorothy Giannini-Meyers, President
203.772.1816

NEW HAVEN – Some 18 months after construction first began, residents have begun moving into newly renovated assisted living apartments at Tower One, the nonprofit, high-rise retirement community on the southern edge of downtown New Haven.

The first apartments ready for their new occupants are on the fourth floor of the 21-story tower; apartments on the third floor are expected to be ready within weeks. Upon completion, the renovation will include apartments on six floors.

Seniors interested in learning more about apartment availability and services offered should contact Tower One/Tower East for more information.

"We thought this was a day that would never come," said Tower One/Tower East President Dorothy Giannini-Meyers. "But it has been well worth the wait. These beautiful apartments allow seniors to maintain an independent lifestyle at an affordable price. Assisted Living communities abound, but our affordability fills a tremendous void."

The key to Tower One / Tower East's affordability? Tower One / Tower East is funded in part by the U.S. Department of Housing and Urban Development (HUD). HUD provides rental subsidies to seniors in need and has provided three grants exceeding \$10 million for the current renovation project.

HUD's first grant to Tower One of \$4.79 million in 2000 was the largest of 13 assisted living conversion grants that HUD made nationwide that year. It was followed in 2001 by a subsequent grant of \$3.3 million and in 2002 by the third grant of \$2.8 million.

With 355 apartments, Tower One/Tower East is currently home to 400 residents aged 62 and older and provides its residents with independent living and assisted living options. The community also provides a full-range of recreational, social and health support services that are tailored to each individual's needs.

The new apartments are fully accessible for assisted living with bathrooms, kitchens, hallways and doorways designed to accommodate residents who are ambulatory or use wheelchairs. The renovation also includes a lounge on each floor; construction of a new main entrance with updated security features and an addition to the main dining room; redirection of the driveways for better traffic flow and increased safety; and improvements to other areas such as the dining room, interior hallways and offices.

Some current residents who need the accessible features that the new apartments afford are moving into the units as they become available. However, there will be many apartments available to other seniors throughout the community.

Applications are now being accepted and a wait list developed for the new assisted living apartments. For further information or to schedule a tour, call 203.772.1816, ext. 250.

Reaching New Heights in Affordable Senior Living



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www.seniorhousing.net/ad/towers



TOWER
One

TOWER
East

Media Alert:

DeLauro to celebrate Flag Day at Tower One/Tower East

- Who:** U.S. Congresswoman Rosa DeLauro, D-3
Richard Weiss, Chair of the Board of Directors, Tower One/Tower East
Dorothy Giannini-Meyers, President, Tower One/Tower East
Girl Scout Troop 7159, Prince Street School, New Haven
Residents, family members, and friends of Tower One/Tower East
- What:** Flag presentation ceremony and flag-raising
- When:** 10 a.m., Monday, June 14, 2004
- Where:** Tower One/Tower East
18 Tower Lane
New Haven, CT
- Why:** To celebrate Flag Day across the generations, Girl Scouts will be led in flag-raising ceremony by veteran Leo Rosenfield, a resident of Tower One/Tower East.
To recognize Tower One/Tower East for its service to the senior community of New Haven County since 1961 and its position as a national leader in the provision of residential and social services to seniors.
- How:** Following comments and presentation of the flag by Congresswoman DeLauro, members of Girl Scout Troop 7159, led by veteran Leo Rosenfield, will lower the old flag and raise the new flag at Tower One/Tower East. The brief ceremony will be followed by refreshments in the Tower East Meeting Room.
- Contact:** Dorothy Giannini-Meyers, President
Tower One/Tower East
203.772.1816
towers.dgm@snet.net

Reaching New Heights in Affordable Senior Living



18 Tower Lane • New Haven, Connecticut 06519 • 203-772-1816 • Fax 203-777-1921
www.seniorhousing.net/towers





March 1, 2005

For immediate release:

Residents at Tower One/Tower East
"good neighbors" to community, world

For further information:

Dorothy Giannini-Meyers, President
203.772.1816

New Haven – Those who think the senior citizens who reside at Tower One/Tower East fill their days only with craft projects, exercise classes, and board games couldn't be more wrong. The residents of Tower One/Tower East are among the first to rise to the occasion when members in the local or global community need their help.

Take, for example, the recent tsunami disaster in Southeast Asia. Tower One/Tower East residents loaned their support to global relief efforts by choosing two disaster relief organizations. They then collected donations from residents, their families and staff. Many small and some larger donations were put together and sent to the organizations.

During the winter holiday season, residents remembered those who are less fortunate by joining in a coat drive for a local homeless shelter. The warm winter coats that residents collected were picked up and delivered to the Columbus House Homeless Shelter by the owner of Sweet Relief Café in New Haven for distribution at the shelter.

Even though there is no formal "social responsibility" program at Tower One/Tower East, CEO Dorothy Giannini-Meyers notes that the seniors who reside in this residential community do what they can to maintain their connection to the wider community. "Community outreach efforts are extremely important to our residents who want to feel that they continue to make a difference and are able to help those in need in any way that they can," Giannini-Meyers said.

Other examples of community service programs supported by Tower One/Tower East residents and staff in recent months include participating in the Susan B. Komen breast cancer awareness "wear jeans to work" day, collections for the Connecticut Food Bank, and the Towers' ongoing program with New Haven's Welch Elementary School. Students from the elementary school visit the Towers monthly to participate in arts and crafts activities and to receive a little "grandparent" love.

Perhaps the most impressive community service activity supported by the residents is its very own Gift Shop. Residents are in charge of many of the aspects of

Reaching New Heights in Affordable Senior Living



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www.seniorhousing.net/ad/towers



May 2, 2005

NEW HAVEN

For further information contact:

Verna Nurick

Tower One / Tower East

203.772.1816

verna@towerone.org

Tower One / Tower East, a not-for-profit affordable senior independent & assisted living community, is presenting an important program as a part of its month-long observance of "Older American's Month."

“God Please Don’t Let It Happen To Me” – Preparing For End Of Life Decisions On Your Terms

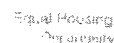
Thursday evening, May 26, 2005 at 7 PM
Tower East Community Room

Tower One/Tower East is hosting a panel of experts representing the spiritual, legal, and medical communities to address significant issues that have been in the headlines and are now on many of our minds. Featured speakers include Rabbi Herbert Brockman, Spiritual Leader of Congregation Mishkin Israel; Elder Law Attorney, Mark R. Connell; and Geriatric Psychiatrist, Alan Siegal, M.D. Each of the panelists will address preparing for end of life decisions from each of their special perspectives. Call 203.772.1816, ext. 290 for more information.

Reaching New Heights in Affordable Senior Living



www.towerone.org



and book *The Way to Eat: A Six-Step Path to Lifelong Weight Control*, as well as research published in "Preventive Medicine."

Maura will provide comprehensive services ranging from individual counseling to group classes, weight loss programs, healthy eating habits, nutrition programs geared to sports

Maura Harrigan, MS, RD

nutrition, teen issues, clinical disorders, and reconnecting with one's holistic needs. For further information, please call Maura Harrigan at 203 387-2522 x264.

Something is Cooking at Tower One/Tower East!!

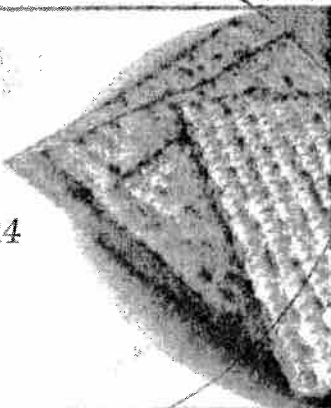
Tower One/Tower East recently started it's bi-weekly cooking classes with residents in the new activities center in Tower One. Each class focuses on a different type of recipe (appetizer, entree, salad or even dessert.) Residents can share their favorite recipes or a selection is chosen from a cookbook. All of the class attendees help prepare the meal, or and yes...they get to enjoy eating their project! For information call Noella at 203 772-1816 x170.



Come join
Tower One/Tower East
 for your First & Second Seders

Saturday, April 23 & Sunday, April 24

For information about costs & reservations,
 call Noella at 203 772-1816 x170
 18 Tower Lane, New Haven



Premier Issue of 'Chai Light' on Jewish Family Service is Enclosed

Jewish Family Service of New Haven is pleased to announce its premier issue of its new agency newsletter, 'Chai Light', enclosed in this issue of Shalom New Haven. The newsletter covers all facets of Jewish Family Service and its programs. In addition, JFS is developing an email newsletter, which will be sent to constituents, affiliates and others in the local Jewish community. To subscribe to the JFS e-mail newsletter, please send an email to: subscribe@jfsnh.org

BEKI Names New Social Action Chair

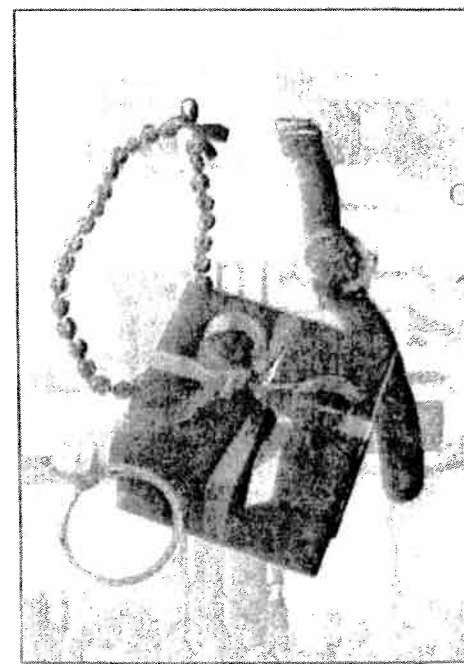
Congregation Beth El-Keser Israel is pleased to announce its new social action chair, Dr. Jennifer D. Botwick. Dr. Botwick recently facilitated a successful social action informational brunch which introduced current and forthcoming Social Action/Tikkun Olam projects.

The BEKI Social Action/Tikkun Olam program welcomes your interest. For more information, please contact Dr. Botwick at 203-887-4824 or djbotwicknd@aol.com, subject: BEKI SATO.

Chris Prokop, Coordinator of Social Services at the Lead Free House, helps coordinate the Davenport Garden on the corner of Ward and Davenport Streets. The children are a part of the Community Gardening program and range in age from 4 to 13. "They bring enthusiastic energy to everything they do."

The New Haven Land Trust (NHLT) has managed the New Haven Community Garden program for 10 years. Last year there were about 50 gardens in the program. Pamela Kressmann, President of the NHLT Board, describes the Garden Project this way. "Community Gardens bring good, fresh food and a natural beauty to New Haven residents block by block. Gardeners work together to build their community in a healthy, cooperative manner. Our new partnership with the Jewish Home for the Aged is an exciting opportunity that will expand our ability to serve the New Haven community."

The Jewish Home and the Land Trust have been working together to form a partnership to restore the solarium at the Home as a greenhouse. The Land Trust will use the solarium to grow seedlings for the community gardeners in New Haven and for recreation programs at the Home. It had been a dream of the Jewish Home for the Aged to revitalize the solarium. It is a beautiful space and will be a symbol of commitment of the



ity candidates were presented her own way was deserving of ed. By the end of the search, ling women were identified. All s have in common their devotion

Platow Scholarship Fund Benefits s in Need

S. 2005 Laurel Platow would and her 55th birthday. has been seven years since her her memory is kept alive every ic of her scholarship recipients Goodwin-Levine Adult Day er.

latow was a resident of New rland. She was employed at the Register as a staff writer for the unit. When she was not working, her time caring for children and was a nurturing person who loved sell. Late in her life, she commit- the study of the Jewish religion f of Torah and, at the age of 45, i Mizvah.

devoted herself to volunteer use her grandfather, Harry we, was a founder of the Jewish ie Aged, Laurel had become the Auxiliary of the Home and er. She volunteered for the the Jewish Home through the d the Goodwin-Levine Center equped keep the office running.

-Levine Day Health Center dwin-Levine Center, GLADHC, oldest continuously operating ealth Centers in Connecticut, chating their 25th anniversary. dwin-Levine Adult Day Health certified medical model day cen- s. It has been recognized for its

quality by peer review and area agencies on aging. The population served is diverse, both culturally and medically. The program is also equipped to care for adults with cognitive deficits as well. The highly trained staff is able to provide a full range of service including personal care, medical monitoring and social, stimulating activities. Two meals are provided daily. Transportation is available in the Greater New Haven community and is included in the cost of \$65. per day. Some clients qualify for scholarships or government assistance, but some do not qualify for any assistance at all. The Laurel Platow Mizvah Fund contributes scholarships to support or subsidize clients who can not afford the number of sessions that would be best for them. If you would like to honor the memory of Laurel Platow and support the good work of the Goodwin-Levine Adult Day Health Center, you can make a tax-deductible contribution to the Laurel Platow Mizvah Fund, c/o Development Office, Jewish Home for the Aged, 169 Davenport Avenue, New Haven, Ct 06519. For further information call Leslie Endowe, Fund Administrator 203-789-1650 x256.

Laurel Platow



Bezalel Academy of Art and Design in Jerusalem, commemorating Eishet Chayil, a Woman of Valor.

The ceremony concluded with a musical welcoming of the Sabbath. The guests were invited to partake in wonderful Kiddush that included a fabulous display of pastries and fresh baked, aromatic Challahs, traditional Sabbath bread, from the kitchen of the Jewish Home for the Aged.

Women of Valor! above left: Beatrice Horowitz; top: Lucille Alderman; above Violet Ludwig-Missing from photo: Mark Blank and Sydney Perry

Towers Happenings



Above - National Issues Discussion Group at the Towers

Every other Monday, Tower One/Tower East hosts Fred Maretz facilitating a discussion group called, National Issues. Fred leads a group of residents in discussion of related topics important to today's times. Pictured (l - r) conversing after a recent group are Fred Maretz, Rosalyn Maginsky and Harold Levitz. For more information please call 772-1816 x170.

Need a gift for Mother's Day?? VISIT OUR NEW GIFT SHOP!!!

Above right - On Thursday, March 17, Tower One/Tower East Residents' Association celebrated the Grand re-opening & dedication of the "Vine Gift Shop." Pictured are Barry Vine and Towers' Residents Association President, Rita Krevit. See the Gift Shop ad on page 18.

advertise in snh! 203 387-2424 x283

May 2005



The Towers Celebrates Summer!

Recently the Tower One / Tower East Residents Association held their Annual SummerFest event. Pictured are Towers residents enjoying the evening with wonderful food and entertainment.

Having a Bar/Bat Mitzvah, celebrating a milestone occasion? Call to tour our newly renovated Tower One Dining Room and speak with our Dining Services Director for your next party. Phone 203 772-1816 x170 for more information. Kosher dietary laws observed.

Towers Announces October Calendar

Wednesday, Oct. 6

Wednesday, Oct. 6 at 7:15pm Tower One / Tower East will host Dr. Barry Herman presenting "Jewish Landmarks in New Haven."

Every Monday at 2pm

Every Monday afternoon at 2pm, the Towers residents enjoy their Yiddish Club. If you would like to be a guest speaker please call Noella at 203 772-1816 x170.

Monday, Oct. 11

On Monday, Oct. 11, Tower One / Tower East presents a concert by the "Stardust Orchestra" in the new Tower One large Dining Room at 7:15pm. Come and reminisce some of the "oldie but goodie" tunes.

Tuesday, Oct. 19

On Tuesday, Oct. 19, the Towers will run a trip to the Log Cabin in Holyoke Massachusetts.

SeniorNet Computer Learning Center

SeniorNet Computer Learning Center at Tower One / Tower East is starting enrollment of their computer classes.

Advanced Healthcare Directives Series

Starting Wednesday, Oct. 20th @ 6:30PM (and the next 3 consecutive Wednesdays (Oct. 27th, Nov. 3rd and 10th) Tower One / Tower East will host an educational series covering the topic of "Advanced Healthcare Directives." Attorney Mark Connell will present various topics related to Elder Law & Estate Planning strategies. To RSVP or more information on this series, please call Rebecca @ (203) 772-1816, x. 250.

For More Information on Events

To RSVP or more information, please call Noella at 203 772-1816 x170.

shalomnewhaven, October 2004

AREA NEWS BRIEFS

Elder law attorney to discuss planning

NEW HAVEN — Elder law and estate planning attorney Mark Connell is offering four free seminars for the public at Tower One Tower East that will explore planning ahead for mental and physical incapacity.

Sessions will be 6:30 to 7:30 p.m. in the Tower East meeting room, 18 Tower Lane. Parking is free on the Tower One campus.

The series includes:

- Wednesday: focusing on an in-depth definition of durable power of attorney.
- Nov. 3: common payment sources for long-term care, including Medicare, Medicaid or Title 19 and insurance.
- Nov. 10: estate planning strategies, with attention to some of the pitfalls, including the state estate tax and the dangers of not revising an estate plan.

For more information, call 772-1816, ext. 250.

Cell phones accepted for senior citizens

ORANGE — The Orange Community Services Department at High Plains Community Center is asking for donations of old cell phones.

The cell phones are given to senior citizens for 911 emergencies.

The donations are taken at the Orange Community Services Office, 525 Orange Center Road. For details, call Kim Callahan at 891-2154 from 8:30 a.m. until 4:30 p.m. weekdays.

Zen Center announces Shambhala lectures

NEW HAVEN — The New Haven Shambhala Meditation Group will present a free series of talks on Tibetan Buddhism as practiced in the Shambhala tradition.

Seating begins at 7:30 p.m.

All talks begin at 8 p.m. and will be followed by a tea social.

All talks will be held at the New Haven Zen Center, at 193 Mansfield St. A donation is requested. Free meditation instruction is available upon request.

The talks are: Monday:

"Opening Your Heart," by Esther Seibold, Dec. 6; "Manifesting Elegance," by Karen Porterfield, Jan. 3; "Entering the Vajra World," by Nealy Zimmerman.

Children's Center to hold wine tasting

NEW HAVEN — The Children's Center Community Programs, 1 Long Wharf, will hold a wine-tasting event, "Barrels and Bottles" from 5:30 to 8 p.m. Nov. 4 in the President's Room at Woolsey Hall.

The event will include hot and cold hors d'oeuvres, wine tasting, desserts, music by Al Leone of Nightwatch and a raffle. Raffle prizes include a flat screen TV, tickets to the Shubert Theater, dinner for two in the Omni New Haven Hotel at Yale, a facial and massage.

For tickets and more information, call 786-6403, ext. 127.

MADD anniversary gala to honor Lieberman

NEW HAVEN — Mothers Against Drunk Driving will hold its anniversary gala dinner honoring U.S. Sen. Joseph I. Lieberman, D-Conn., at 6 p.m. Nov. 22 at the Belvedere, 70 Pond Lily Ave.

Lieberman, who will be receiving the MADD Humanitarian Award, helped to make MADD a reality. MADD works to educate youths about the consequences of underage drinking.

To purchase tickets, call 752-3273.

Milford Land Trust provides memorials

MILFORD — Through memorial and land donations, the nonprofit Milford Land Conservation Trust is offering those interested in memorial bequests, the opportunity to perpetuate the wildlife and natural beauty found in open space at Milford.

Land donated to the trust provides a living memorial to loved ones and friends and is tax deductible.

To donate land, become a member, visit open space sites or get more information, call trust President John Dockendorff at 878-0812.

Technical school to hold open house Nov. 17

ANSONIA — Emmett O'Brien Regional Vocational-Technical School will hold its open house 6-8 p.m. Nov. 17 at 141 Prindle Ave.

Teachers, students, parents and alumni will be available to speak with prospective parents and students.

Tours will begin with an orientation in the gymnasium.

The curriculum includes trade offerings such as auto mechanics, carpentry, culinary arts, drafting, electrical, hair dressing and cosmetology, plumbing and heating.

For more information, contact 732-1812 or www.official.org.obrien.

Post 1562, CWV begins open enrollment

DERBY — The Catholic War Veterans, St. Michael's Post 1562, is holding an open enrollment for new members through December.

To qualify for regular membership, a person must be a Catholic, a veteran with an

honorable discharge.

To qualify, a person must be a Catholic, a veteran with an honorable discharge, and a resident of the United States.

For details, call 878-0812.

Church for n

MILFORD — The Church of the Holy Spirit is holding an open house.

For details, call 878-0812.

The church is located at 141 Prindle Ave.

For details, call 878-0812.

Bread sets

GREY — The Bread of Life is holding an open house.

For details, call 878-0812.

The church is located at 141 Prindle Ave.

For details, call 878-0812.

The church is located at 141 Prindle Ave.

For details, call 878-0812.

The church is located at 141 Prindle Ave.

For details, call 878-0812.



INTEREST RATE ALARM!

Ask for our Adjustable Rate Programs.
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30 YEAR 5.375%

APR 5.351

20 YEAR 5.25%

APR 5.120

15 YEAR 4.875%

APR 5.339

Serious Back

Greater New Haven — A new free report has revealed how space travel cures back pain and medical technology that's bringing it to you. Proven non-surgical spinal decompression & debilitating back pain. Even with multiple herniated discs don't have back pain and brain damage.

Songs of holidays



The Unity Boys Choir of Greater New Haven entertains residents of Tower One/Tower East in New Haven last week.

New Haven Register Thursday December 23, 2004

Towers president receives award

NEW HAVEN — Dorothy Giannini-Meyers, president of Tower One/Tower East, received the 2004 Humanitarian Award given by the Connecticut Assisted Living Association at its annual membership meeting.

She is only the second recipient of the award. She has been a driving force in advancing senior issues on the state and national level. Under her leadership, Tower One received three grants exceeding \$12 million from the U.S. Dept. of Housing and Urban Development that provided for the conversion of six floors of apartments to affordable assisted living units.

Author to speak at Bikur Cholim

NEW HAVEN — Bikur Cholim Sheveth Achim, 112 Marvel Road, New Haven, will host author and speaker Rabbi Moshe Meir Weiss as a scholar-in-residence on Friday and Saturday, Feb. 11-12.

Weiss, spiritual leader of Agudas Yisroel of Staten Island for 20 years, will speak on different aspects of "Being a Committed Jew in a Modern World." His visit coincides with a Shabbaton at the synagogue for the senior class of Prospect Park Yeshiva.

Weiss is the author of "Passionate Judaism" and "Meaningful Living." For more information, call (203) 387-4699.

Poster exhibit on Reform Jewish life

SOUTHINGTON — Greater Southington Jewish Congregation will display the poster exhibit, "Reform Jewish Life in Israel" on Saturday, Feb. 12, from 2-4 p.m. at Memorial Hall at the First Congregational Church of Southington, located at 37 Main St.

Prior to the opening of the exhibit, Rabbi Elliot Stevens will lead an adult discussion about Rabbi Lawrence Hoffman's book, "The Journey Home: Discovering the Deep Spiritual Wisdom of the Jewish Tradition" from 12-2 p.m., which will include a pot luck lunch.

Hosting the exhibit is part of Hineini, an initiative designed to promote religious life in Israel. The Greater Southington Jewish Congregation chose to join the Hineini project in 2004 by becoming a "builder congregation," and is assisting in raising the funds to help their Israeli sister congregation, Kehilat Yozma, located in Modi'in, Israel.

A brief video about the Hineini project will also be shown during the exhibit.

Visit me at
1054 Litchfield Tpke. (Next To Katz's Deli)
Woodbridge

A "PERMANENT" VACATION!

Want to get away from it all? Northerners dream of the beaches in winter, and southerners need to beat the heat in summer. Big City dwellers crave the peace and quiet offered by the outdoors, while others want to escape small-town boredom to experience all that a bustling metropolis offers!

These pictures illustrate how all of us, regardless of how happy we are where we are, dream of "getting away from it all" for more than one week of vacation each year.

No matter what your "change of pace," a local real estate agent can help you find an ideal second home. Think you can't afford it? Add up all those hotel receipts, resort rental charges, and other travel expenses that build up every year, and you'll probably end up with a sum that would make a lay down payment!

Also consider that a second home may appreciate and help build equity, that you can collect income from renting while you're not there, and you may even enjoy some tax advantages.

Real estate agents right here have access to information about properties all across the country, and even the world! If you're considering the purchase of a second home, also consider that interest rates are not likely to drop lower than they are now. This is an excellent time to pursue your dream of a vacation home!

Moving across town or across the country? Call me because I have nationwide contacts.

BUYING OR SELLING, YOU DON'T GET WHAT YOU DESERVE, YOU GET WHAT YOU NEGOTIATE!

Call for your free market evaluation

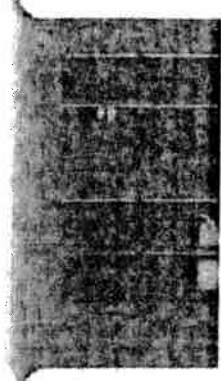


Judy Cooper
CRS, GRI
ABR, PSCS, SRES
Broker/Realtor

William Orange Realty 203-795-6000 ext 2430 • 1-800-799-2567 ext 2430
www.williamorange.com

Come visit us

you won't be
disappointed



Tower One's new assisted living apartments are open for viewing!

...the team at One/Tower East is working to introduce the first of its 60 new "universal design" apartments—apartments that can be adapted to the changing needs of area seniors—to the community. An open house and gallery opening will be held in Tower One's elegant new dining

room and will give the public one of its first opportunities to tour the new studio and one-bedroom apartments.

Opened in April, Tower One's large new dining room allows residents to socialize, relax and enjoy a three-course restaurant-style evening meal, chef prepared in the community's kosher kitchen and served by an attentive wait staff.

Throughout the building, other improvements have been designed especially to meet seniors' unique needs and to help them remain as independent as possible.

"By October, our new entrance, which incorporates a large canopy so that residents can be picked up and dropped off while sheltered from inclement weather, will be complete," says Dorothy Giannini-Meyers, President and CEO of Tower One/Tower East.

The lovely finishes on the new residential floors are warm cherry wood," she says. But the most important features may well be things the average person wouldn't even think of: the wider

doorways and roll-in showers with pull-down seats can accommodate a wheelchair, and the adaptable kitchen cabinets can be configured so that a person in a wheelchair can easily work at them.

"The new and renovated areas are specifically designed to meet the social, health and physical needs of our residents," says Giannini-Meyers. Each residential floor has a lounge area where residents can get together to socialize or entertain family members when they visit. A brand new call-for-aid system not only permits residents to call for help 24 hours a day, but opens also opens direct communication with a staff member. "This will be a great time saver for those who might be in need of emergency help," says Giannini-Meyers.

Residents in both Tower One and Tower East can access any additional support they may need from a "menu" of services that includes housekeeping, laundry, assistance with bathing and dressing and medication monitoring, among others. There is easy access to on-site healthcare from The Hospital of Saint Raphael's ElderCare program and a full range of assisted living services that are provided by Utopia Assisted Living Services' nurses and aides.

Throughout the Tower One/Tower East community, everything possible has been planned to provide opportunities to enjoy their independence, while supporting their special needs. On the first floor, conveniences such as a Coffee Shoppe, bank branch, conven-

ience store and gift shop make it possible for residents to obtain necessities—without ever having to leave the community. Residents may also take advantage of free health screenings, wellness programs, religious services, a library, computer learning center and an active schedule of programs, activities and excursions.

By the end of 2004, all 60 of Tower One's new assisted living apartments should be ready for occupancy. "We are currently taking applications for apartments throughout the entire community," says Giannini-Meyers.

At Tower One, assisted living is designed to be affordable. For residents who require assistance, there are subsidies available. HUD provides help with housing costs and a State of Connecticut program underwrites financial support for assisted living services.

While affordable, the new accommodations are also surprisingly elegant. "When people have come to tour the newly rebuilt residential floors, they have been favorably impressed," says Rebecca Goodman Olschansky, Marketing/Admissions Manager for Tower One/Tower East. "The new and rebuilt sections of Tower One have helped to raise awareness that Tower One/Tower East is a great senior housing community that also offers affordable assisted living services to the Greater New Haven community."

Open House, Sunday Sept. 19 1-3 p.m.; or next Sunday, Sept. 26 1:30-3:30.

Wendy L. Thomson



Recently moved into one of the new affordable assisted living apartments enjoys great amenities.

DOW JONES
Down 63.49
Close 10,219.34

NASDAQ
Down 43.23
Close 1,963.43

OIL
Up \$1.26
Close \$39.65

GOLD
Unchanged
Close \$380.30

S&P 500
Down 9.17
Close 1,119.21

30-y
Up 0.0
Close

INSIDE

Stock listings
Bank rates

C2-3
C4

Business

NEW HAVEN REGISTER

www.nhregister.com

WEDN

New York Mercantile
exchange, adding to worries
inflation and the econo-

Dow Jones Industrial
average fell 63.49, or 0.6 per-
cent, to 10,219.34.

Nasdaq dropped
43.23, or 2.2 percent, to
1,963.43, its biggest one-day
drop since March 15. The
Standard & Poor's 500 index
fell 9.17, or 0.9 per-
cent, to 1,119.21.

Wall Street was also con-
fused about Democratic
presidential candidate John
Kerry's selection of John
Edwards as his running
mate. Edwards, a trial
attorney, is seen by the con-
servative investment commu-
nity as a proponent of the
active class-action litigation
that often plagues corpo-
rations.

Dow component Intel
fell 22 cents to \$26.11.
Lehman Brothers
raised its earnings forecast
for chip manufacturer
to lower back-to-school
demand for computers.
Nextant, a small, wire-
less chip maker, said its
quarterly sales and earn-
ings would fall below expecta-
tions due to weak sales.
Nextant said \$1.77, or 43
cents, to \$2.31.

LOCAL

Oxford Science Inc.
wins platinum award

OXFORD — Oxford Sci-
ence Inc. has received the
national award from the
American Quality Improve-
ment Award Partnership Inc.
Oxford Science, whose
blood analyzer helps
diagnose illness and disease
can affect animals and
humans, took the top prize
in the 111 CQIA Innovation
applications from 67
educational organizations
last week.
Several area firms were
among the 21 gold award
winners, including Anthem
Cross and Blue Shield
of New Haven, Abba Corp.
of Milford, Delibtech In-
ternational of Milford, GE Energy in Fair-
field, Quinnipiac University
in Hamden, Saint Raphael
Hospital in New Haven,
Chick-Wilkinson Sword
of Milford.

WorkPlace to receive
grant to train vets

EDGEPORT — The
WorkPlace Inc. will receive a

Making life easier



Betty Clark watches as boxes of her possessions are delivered to her new apartment in Tower One. BELOW: The exterior of the housing complex.

Tower One renovations nearly complete

By Maria Garriga
Register Staff

NEW HAVEN — For months, the elderly residents of Tower One had to navigate their walkers and wheelchairs through a maze of construction workers, tools and torn-up walls throughout the first floor of the building.

Now residents are seeing the results of a \$12 million renovation of Tower One/Tower East, a senior housing complex at 18 Tower Lane, south of downtown.

Through federal grants, Tower One received a new dining room, new administrative offices, a new home for the health clinic and Utopia Assisted Living Services satellite office, and a new main entrance.

The federal grants — intended to boost assisted living services for the elderly — also covered renovations to 60 apartments on the second through seventh floors.

The renovated apartments will be available on a first-come, first-serve basis to applicants over 62 who need and accept assisted living services.



move into the fourth floor.

"For an old lady, moving is a big thing. It's a good thing," she said. Levy said she appreciated most the

complex has garnered awards by going beyond basic senior needs to offer services such as kosher meals, free health screenings and a social activities coordinator, the two buildings needed some improvements, said marketing coordinator Rebecca Goodman-Olshansky.

Built in 1971, Tower One is 11 years older than Tower East and houses more residents, 211 in 21 floors, compared with Tower East's 130 apartments in 12 stories.

All of the Tower East residents and nearly half of Tower One residents receive federal rental assistance.

That may have been a consideration for the federal Department of Housing and Urban Development, which funded the renovations.

The renovated apartments offer seniors greater safety and convenience. On the fourth floor, residents can now lean on hallway handrails and rest on hallway benches.

Inside the apartments, residents have lower counters, wall-mounted bathroom sinks and toilets, and a kitchen sink with a pull-out cabinet, so a resident can wash the dishes while sitting in a wheel-

State into electric action cold

By Maria Garriga
Register Staff

State Attorney Blumenthal Tuesday announced his region's electric power companies to revise its conclusions of near-blackouts last winter.

"We are conducting an investigation," Blumenthal said, adding that all power companies have been notified.

Independent Operator-New England Electric System Inc. (IO-NEES) and its subsidiaries of the Federal Energy Regulatory Commission in an order this year.

But Blumenthal's conclusion reached last week will hurt corporate power grid's reliability.

Blumenthal has power plant owners offline and sold on spot markets — to high fuel prices — 14-16 cold snap, resulted in blackouts.

Blumenthal also told operators order to back online quickly.

"The IO-NEES completely fails to not put the plants below ISO's own on-line."

ISO-New England power plant owners thing by selling na-
tional using it to produce.

"It would have been for them to sell at a point," said ISO spokesman Dominick. "There was no evidence of behavior on the part of the plants."

Slowly also said markets needed to provide enough heat for the region.

Mechanical failures further weakened the point where nearly imposed role prevent the system.

"Contrary to the optimistic assessments of electricity markets revealed that current are not only in the public safety."

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The Connecticut Edition

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APRIL 2005

Assisted Living



Residents learn a new recipe in the Tower One/Tower East cooking class.

Small text at bottom right of photo.



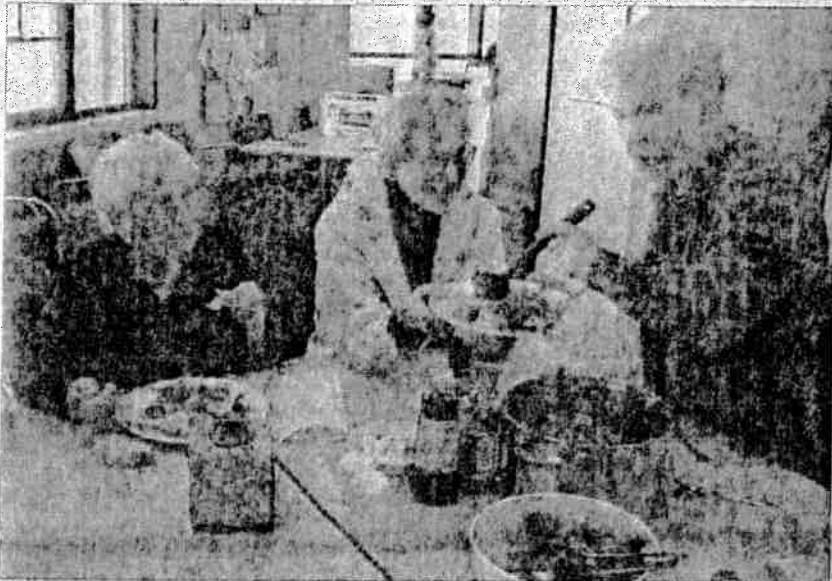
Check out the HN website!

Our website is up and running and the ad spaces are selling quickly. A presence on hospitalnewspaper.com will put your company in front of America's top medical professionals, nursing students and consumers looking for the best healthcare options in their state! Our website offers the most up-to-date medical coverage on the internet.

FEATURE STORY—

Assisted Living

New Futures For Seniors



Residents learn a new recipe in the Tower One Tower East cooking class.

Photo courtesy of Tower One Tower East.

By Geraldine A. Collier
 Senior Correspondent

The "Senior" tag "senior" living has been added to the yellow pages of the phone books.

There is more to it than just a label. It's a lifestyle, the product of the American Federation of Aging, a national organization of seniors, and a new way of living. It's a lifestyle that is more than just a label. It's a lifestyle that is more than just a label.

It's a lifestyle that is more than just a label. It's a lifestyle that is more than just a label. It's a lifestyle that is more than just a label. It's a lifestyle that is more than just a label. It's a lifestyle that is more than just a label.

There are more than 10 million Americans who are 65 or older. These seniors are expected to double in number by 2020. As a result, the need for assisted living facilities is growing. This is a growing need that is growing rapidly in the country as a whole.

But the need is growing in all parts of the country. In fact, it's growing in all parts of the country. In fact, it's growing in all parts of the country. In fact, it's growing in all parts of the country.

Community centers are being built all over the country. These centers are being built all over the country. These centers are being built all over the country. These centers are being built all over the country.

Tower One Tower East

Tower One Tower East is a new assisted living facility in the heart of New Haven. It's a new assisted living facility in the heart of New Haven. It's a new assisted living facility in the heart of New Haven. It's a new assisted living facility in the heart of New Haven.

At Tower One Tower East, residents can enjoy a lifestyle that is more than just a label. It's a lifestyle that is more than just a label. It's a lifestyle that is more than just a label. It's a lifestyle that is more than just a label.

Continued on next page



An intergenerational craft class at Tower One Tower East in New Haven.

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Assisted Living *Continued from previous page*

"Many of them didn't need that kind of care," said Don Grimes, a senior executive officer for Tower One Tower East, a senior care community that is governed by a corporate board of directors.

And as it is difficult to convert the floors of apartments in Tower One into assisted living apartments, the corporate board has agreed to place a cap on the number of assisted living units that the HUD program can convert. The HUD program is limited to 11 assisted living conversions, while the HUD program is limited to 11 conversions.

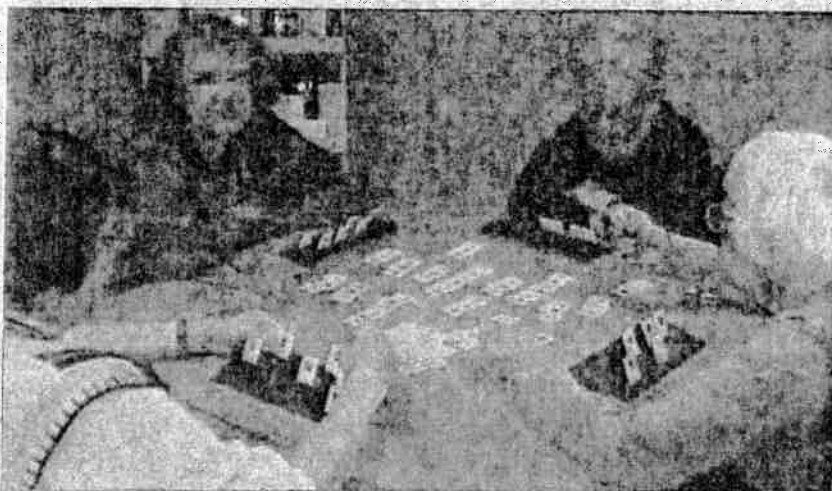
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Residents of Tower One/Tower East enjoy a picnic game.

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Entrance to Tower One/Tower East after the assisted living for New Haven seniors.

Going Out-of-State

The HUD program is limited to 11 conversions, while the HUD program is limited to 11 conversions. The HUD program is limited to 11 conversions, while the HUD program is limited to 11 conversions.

The HUD program is limited to 11 conversions, while the HUD program is limited to 11 conversions. The HUD program is limited to 11 conversions, while the HUD program is limited to 11 conversions.



Courtyard separating Tower One and Tower East after the assisted living for seniors.

SENIOR LIVING

Health Care offers of care

A leading geriatric health care provider, with a goal to deliver residents of the Greater

area and their families. Programs are designed to meet the needs of the elderly and their families, providing kosher food and religious services. Hebrew Health Care is affiliated with the

only Park

area.

Hebrew Health Care offers long-term care, health care, geriatric health care, assistance home health care, and adult day therapy services and short-term rehabilitation services.

Hebrew Medical Center, for elderly patients with complex medical or health care needs. Hebrew Medical Center is a 45-bed hospital that is located in West Hartford.

Hebrew Medical Center provides high quality care to the non-Jewish, and Jewish, elderly population. Hebrew Medical Center's geriatricians are specially trained to address the needs and patients whose medical condition is complex.

Hebrew Medical Center's geriatricians offer a wide range of services, including both Hebrew Medical Center's geriatricians and physicians. Hebrew Medical Center's geriatricians are experts in treating medically complex geriatric patients, including Alzheimer's disease, dementia, depression, anxiety disorders, bipolar disorder, and other geriatric conditions. We also treat complex geriatric conditions that significantly impact the quality of life, such as dementia, depression, anxiety disorders, bipolar disorder, and other geriatric conditions. The Medical Hospital specializes in caring for multiple complex conditions.

SENIOR LIVING

Residents at Tower One/Tower East "good neighbors"

NEW HAVEN - Those who think the senior citizens who reside at Tower One/Tower East fill their days only with craft projects, exercise classes, and board games couldn't be more wrong.

The residents of Tower One/Tower East are among the first to rise to the occasion when members in the local or global community need their help.

Take, for example, the recent tsunami disaster in Southeast Asia. Tower One/Tower East residents loaned their support to global relief efforts by choosing two disaster relief organizations. They then collected donations from residents, their families and staff. Many small and some larger donations were put together and sent to the organizations.

During the winter holiday season, residents remembered those who are less fortunate by joining in a coat drive for a local homeless shelter. The warm winter coats that residents collected were picked up and delivered to the Columbus House Homeless Shelter by the owner of Sweet Relief Café in New Haven for distribution at the shelter.

Perhaps the most impressive community service activity supported by the residents is its very own Gift Shop. Residents are in charge of many of the aspects of this "business," including merchandising, pricing, maintaining inventory, etc. Proceeds from the Gift Shop each month are donated to the Towers to purchase perishable and other necessary items for the Food Bank located on its campus and also help to support some of the Towers' activities.

Six floors of brand new assisted living apartments, made possible through a series of grants from the U.S. Department of Housing and Urban Development, were recently opened in Tower One. Seniors interested in one of the remaining assisted living apartments or one of the Towers' well-appointed "classic apartments" should contact Tower One/Tower East for reservation information now.

With 365 apartments, Tower One/Tower East is currently home to about 350 residents aged 62 and older. The Towers provides residents with independent housing plus a full range of assisted living services as well as recreational, social and health support services that are tailored to each individual's needs. Applications are now being accepted for the new assisted living as well as the Towers' "classic" apartments. For further information, call 203 772-1816 ext. 250.

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WOODY ALLEN

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Towers Events for One and All

Years of Service

Top: At the Tower One / Tower East Annual Meeting, several employees were acknowledged for their dedicated years of service on their milestone anniversaries (for the year 2004) ranging from five to fifteen years of working at the Towers. In the photo, Board member Richard Weiss recognized Edith Peters, Karen Purvis, Safira Kimbrough, Helen Golland and Dorothy Gianinni-Meyers with "Years of Service" pins.

Button! Button! Who's Got the Button?

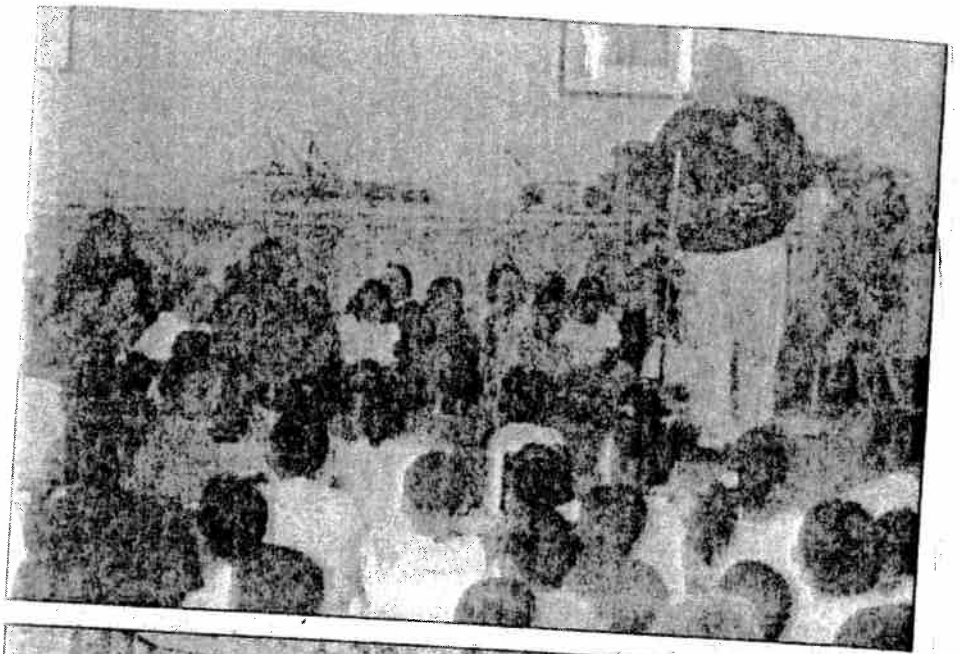
Above Center: Button! Button! Who's Got the Button? Pictured are Towers resident Jack Spert with fellow Towers residents and students from the Welch Annex Elementary School they made lapel buttons. The students come to the Towers to participate in arts and crafts activities frequently every month during the school year.

Big Band Beat

Recently, Tower One / Tower East hosted "The Stardusters," an 18-piece orchestra performance for its residents. "The Stardusters" performed music from the Big Band Era, bringing back many fond memories for all.

jewishnewhaven.org Dec 2004

islow / tovet 5765



TOWER
One

TOWER
East

Tower One / Tower East Celebrates Sukkot!

top: Rabbi Gerald Brieger of Temple Emanuel in Orange sings sukkot songs with the students of the Welch Annex Elementary School.
above: The students visit the Tower's beautiful sukkah. During the year, the Welch Annex students also participate in arts and crafts projects with the Towers residents.

Shalom new Haven November 2004
cheshvan / kislev 5765

TOWER
One

TOWER
East

Shelton's Haven

Happenings at The Towers" for December:

Sunday, Dec. 5th 12:00 - 3:00PM
Towers Annual Holiday Crafts Fair
Monday, Dec. 6th 7:15PM, Concert with Ron Starr
Sunday, Dec. 12th 2:00PM, concert with George Gandy
Monday, Dec. 13th, 4:00 - 6:00PM, Assisted Living
Grand Opening
& Dedication of Founders Entrance
Monday, Dec. 20th 7:15PM, concert with Jim Sheehan
Wednesday, Dec. 29th 7:15PM, Towers Residents
Association New Years Eve Party

December 2004

RESERVE NOW!!!

New Affordable
Assisted Living Apartments

Room with a View
at an Affordable Price!

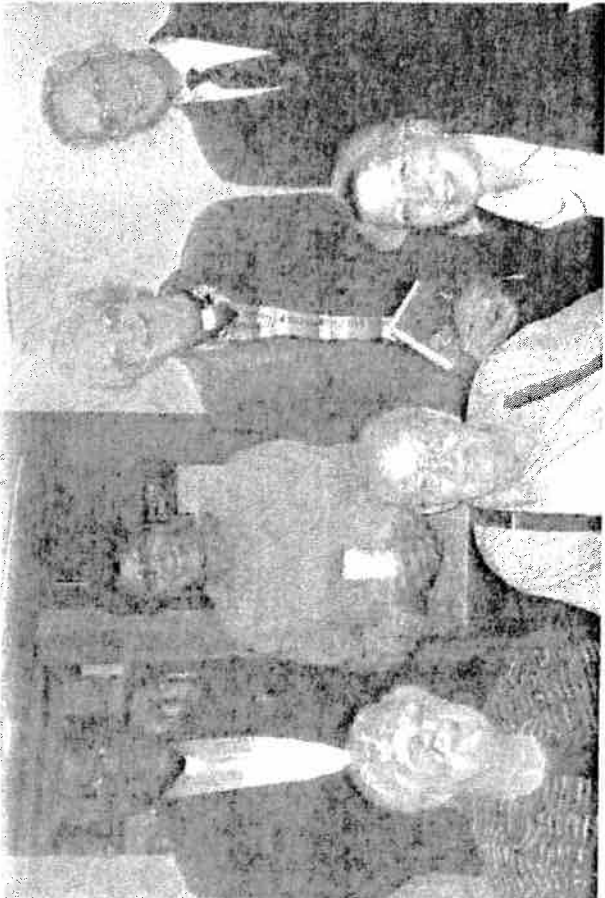
New Assisted Living Apartments
From Tower One/Tower East,
Reaching New Heights in afford-
able Senior Living!

For rental information:
Rebecca Goodman-Olshansky, Admissions
203.772.1816 x. 250

TOWER
One

TOWER
East

Reaching New Heights in
Affordable Senior Living!



Towers Celebrates Thanksgiving with Interfaith Service

Tower One/Tower East held it's Annual Interfaith Thanksgiving Service with readings of psalms, singing and sharing much to be thankful for. Towers Residents, staff and Religious Leaders from the community participating in the service are (seated L-R) Lucy Kleyman, Harold Perlin, Dorothy Giannini-Meyers, (standing L-R) Bishop William Philpot, Sr., Ruth Twitty, Father James Richardson and Rabbi Richard Eisenberg.

RESERVE NOW!!!

New Affordable Assisted Living Apartments

Room with a View at an Affordable Price!

New Assisted Living Apartments From Tower One/Tower East, Reaching New Heights in affordable Senior Living!

For rental information:
Rebecca Goodman-Olshansky, Admissions
203.772.1816 x. 250

TOWER
One

TOWER
East

Reaching New Heights in Affordable Senior Living!

*Two
 1000*

LEDGER

New assisted living apartments opening in Tower One/Tower East

By Stacey Dresner

NEW HAVEN — After 15 months of renovations, Tower One/Tower East, the senior housing apartment community in New Haven, will complete 40 new assisted living apartments and a new "Founder's Entrance" by the end of this month.

The dedication of the new apartments and entrance will take place on Monday, Dec. 13 with a cocktail reception and program featuring speeches by Chairman of the Board Richard Weiss, New Haven Mayor John DeStefano, and Rep. Ross DeLauro.

The renovations, which cost more than \$11 million, were funded completely by three U.S. Department of Housing and Urban Development (HUD) grants.

The renovations include a 5,000 square foot addition featuring a new lobby, administrative office space, and cosmetic improvements throughout the facility. The new Founder's Entrance, dedicated to Tower One/Tower East founders Linda Karlor, Jim Vlock, Leonor Wedlar, Beatrice Horowitz and Irving Enson, provides a larger, more accessible entrance that is sheltered from the elements.

Dorothy Glenn-Meyers, president of Tower One/Tower East, said that while assisted living services are offered to any of the residents of the 356 Tower apartments, the 40 newly renovated apartments are made specifically for assisted living care.

"Assisted living is a philosophy that gives an older person, and their families, an opportunity to have some peace of mind and security in terms of when someone needs a little extra help, or a little bit of supervision," said Meyers.

Assisted living, Meyers added, ensures "that they don't need to go to a nursing home or that they are not unsafe in their home environment."

There are six floors of newly renovated assisted living apartments in Tower One. Three floors of the apartments are already completed and many of those apartments are occupied, while the apartments in three more floors should be completed by the end of December, Meyers said.

Continued on page 16



The new Founder's Entrance at Tower One in New Haven.

Jewish Ledger December 10, 2004

5 Jewish Ledger • December 10, 2004



Grand opening Tower One/Tower East to open new assisted living apartments

3 Jewish Ledger • December 10, 2004



Ted Sarin sits in the kitchen of the newly renovated assisted living apartment he and his wife live in at Tower One.

Tower One / Tower East open new apartments

Continued from page 5

Each of the newly renovated floors features a lounge for residents to use, with a full kitchen and bathroom and washer and dryer. The hallways have wooden hand railings throughout, designed to help residents get around more easily, and wider hallways for those with walkers and wheelchairs.

The new apartments, which are available in studios, deluxe studios and one-bedroom models, feature kitchens with stoves, microwave ovens, sinks and refrigerators, and bathrooms with fully accessible shower units.

"A lot of our residents have difficulty ambulating," Meyers explained. "Many have walkers, some have wheelchairs, and our apartments on the upper floors — which we call our classic apartments — are lovely. They are spacious, they have beautiful views of the city of New Haven. But the bathrooms were small. They all had bathtubs in them, and we needed to create some spaces where residents who could not get in and out of bathtubs easily, or needed the turning radius required for a wheelchair, could maneuver easily. That was the reason for the newer apartments."

Another of the important features at Tower One are the assisted living services that are available, provided by Utopia Assisted Living. Utopia has 6 nurses and 35 aides on staff at the Towers to handle any health care emergencies or other medical issues residents may have. The Hospital of St. Raphael also has a clinic on the premises.

These services mean a lot to residents like Molly and Ted Sarin, who after many happy years in their own home, decided last year to move into the Towers and have been living in one of the newly refurbished assisted living apartments.

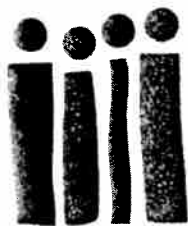
"Taking care of the house and cooking became very, very difficult," explained Molly, 88, who added that her 85-year-old husband has fallen a few times in their home.

"I could never lift him, and meant calling a neighbor," she said. "When we heard about the assisted living here, we thought, 'Now is the time for us to make that move.' It was difficult moving out of our own home, but we are satisfied with what we have done."

The Sarins go down stairs to a dining room for dinner most evenings, or eat small meals in their own kitchen. And if they have medical problems or emergencies, Molly said she knows how to make use of the services.

"I know that even during the night, we are safe here. That is a very comforting feeling when you are our age," she said.

Comments? Send stories/news to news@newhaven.com



Tower One
Tower East

The Towers Times

May 2008

Staff Directory
203-772-1816

Administration

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Cindy Block, VP/CFO

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Karen Purvis, Exec. Asst.

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Ebonee Little

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Nicole Merritt

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Michelle O'Brien

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Francine Blum

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Facilities Support &

Security

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Wagner Melendez, Supervisor

wagner@towerone.org

Dining Services

Ed Florczak, Director

edward.florczak@sodexhousa.com

Assisted Living Services

(Utopia)

Michele Foschini 203-777-3975

mfoschini@utopiahomecare.com

May is Older Americans Month

In 1963 President John F. Kennedy designated May as Senior Citizens Month to encourage our country to pay tribute to older people in the United States. In 1980 President Jimmy Carter changed the name to **Older Americans Month**. It is still a time to celebrate all people over 65, and how important this group of people is to all communities.

The Towers community benefits in a number of ways from the resources that the population of older adults bring to us. Many residents as well as older adults who do not live here, provide many hours of volunteer work that is very important to our organization. In addition, all of our lives are enhanced by older Americans as they share their knowledge of cultures, values and life experiences throughout the Towers community.

This year's theme for Older American's Month is **Working Together for Strong, Healthy and Supportive Communities**. Bringing attention to the unique health and long-term care challenges that older citizens face is important for all communities, but especially for the Towers. It is important that all of us: residents, family members, volunteers, and staff of the Towers work to continue to create opportunities for personal growth, spirituality, making contributions, and enjoying relationships. Ensuring that appropriate healthcare and personal services are available is crucial as well. The mission of the Towers is "to provide older persons of varying means with high quality living arrangements and services..." May is Older Americans month; at the Towers we honor Older Americans everyday.

Resident Art Work Exhibit

There are two art classes are offered to Tower One/Tower East residents each week. One is a watercolor painting class, taught by artist Denis Gentile. The class takes place each Wednesday morning in the second floor lounge in Tower One. The other class is taught by Dorothy Powers. Dorothy is an artist herself, and in addition has many years of art therapy experience. She uses a variety of media in her class which is held Thursday afternoon in the Activity Room on the first floor of Tower One. Some resident artists attend both classes all of the time, others choose one class. All are passionate about their work, and the opportunity to be creative.

The opening of our Resident Art Exhibit will be part of the Rosa DeLauro Tribute on May 4. The show will hang through the summer; please don't miss it. Some of the artists are willing to sell their work, others are not. If you are interested in purchasing a piece of art, you can contact Gail Ford at 772-1816.

Congresswoman Rosa DeLauro, Friend of Tower One / Tower East to be Honored Sunday May 4

submitted by Tower One / Tower East

It is with great pleasure that Peter Newman and Ted Schaffer co-chairs announce Tower One/Tower East's tribute reception that will honor our valued friend, Congresswoman Rosa L. DeLauro. We are calling on you to help make this event a great and successful one.

With your help we can both honor Rosa and raise the funds needed that will allow us to keep our covenant to continue to offer our residents opportunities for enriched and meaningful lives. All of our special programs and services are not funded by residents' rent or any publicly sponsored programs, thus, the funds we raise through this event will help to greatly enhance the lives of everyone who calls the Towers their home.

Over the course of her years in Congress, Rosa has been a champion of the Towers' mission and an advocate for preserving and enhancing the financial, social, and spiritual well-being of our aging population. She has assisted the Towers' efforts numerous times to obtain the Federal funds needed to make necessary improvements to our physical environment as well as personally supporting our efforts to educate our residents on current policies regarding access to affordable entitlement programs. Her support and interest has helped the Towers to continue to grow and to serve older adults in more meaningful ways.

We hope that you will join us as we plan a memorable reception that will highlight Rosa DeLauro's commitment and service not only to the Towers, but for the benefit of all older adults. Please help make this a success by planning to join us as we celebrate Rosa and the Towers.



Congresswoman Rosa DeLauro

With Appreciation Israel

Israel@sixty Chaverim
community events.

Lucille Alderman
Caron & Norman Ak
Sandra Vlock & Glen
Judy & Stephen Augu
Debra & Gerald Bark
Rachel Bashevkin
Linda & Leonard Bell
Robin Golden & Dav
Lillian & Stanley Ber
Karen and Raymond
Malca & Jay Blum
Rabbi Dana Bogatz
Elaine & Gerald Braf
Bella S. & Bernard B
Irwin Braverman
L.H. Brenner, Inc.
Rabbi Herbert Brock
Harriet & Irving Cal
Kathryn & Maia Chi
Freda & Benjamin C
Sharon & Henry Col
Judy & Alan Cooper
Eileen & Andrew Ed
Audrey & Jerome Eis
Sandra & Jack Elias
Arlene & Marshal Ek
Don Herzog - East R
Jackie and Paul Errer
Ina & David Fischer
Marilyn & Gerald Fi
Lynne Franford
Phyllis & Myron Ger
Mimi & Efrim Glen
Sally & Stephen Glic
Debbie & David Gol
Howard Goldstein
Dianne DeFusco & I
Melissa Perkal & Jam
Sharon & Lawrence I
Miriam Helfer
Marjorie & Jay Hirst
Betsy & Jeffrey Hoos
Rochelle & David Ki
Iny & Joel Karp
Andrea & Barry Ketr
Caryl & Michael Kli
Robin & Jay Kroopn
Elaine & Jack Lawso
Kate & William Lee
Linda & Peter Leff
Cindy & David Leff
Gillie & Murray Len

Israeli Writer Etgar Keret To Speak At Slifka Center

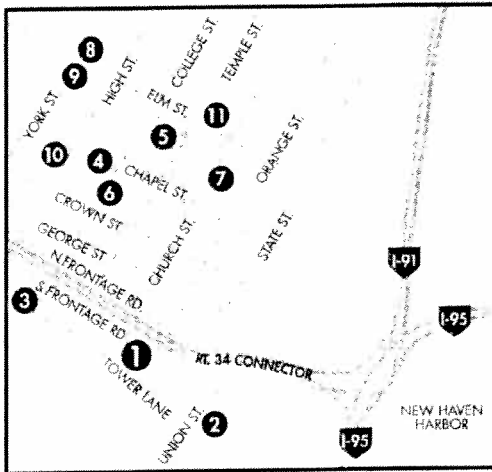
A talk by acclaimed Israeli writer Etgar Keret will take place at the Joseph Slifka Center for Jewish Life at Yale, 80 Wall Street, New Haven on Wednesday, April 30, at 4:30 p.m. A reception will be held after the talk. The talk is co-sponsored by the Slifka Center, Israel@sixty and the Jewish Federation of Greater New Haven.

Keret is an Israeli writer residing in Tel Aviv. Most of his work is focused on short stories, as well as writing for television. His lean, cool writing is said to be characteristic of a whole generation of Israeli writers, especially the literature created in Israel during the second half of the 1990s. Keret is the author of three bestselling story collections, one novella, three graphic novels, and a children's book. His fiction has been translated into sixteen languages and has been the basis for more than forty short films.

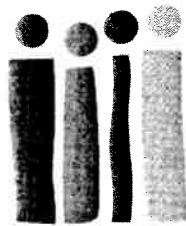
He published *Pipelines* and *Gaza Blues*, several more books, a comic book, "Nobody Said It Was Going to Be Fun", in collaboration with Rutu Modan. He wrote for the Israeli television show, "The Cameri Quinter" for its first three seasons and, in 1993, won first prize in the Alternative Theater Festival in Akko for "Entebbe A Musical" which he wrote with Jonathan Bar Giora. The short film, "Skin Deep" ("Malka Lev Adom"), which he wrote and directed with Ran Tal, won the Israel Film Academy prize and first place in the Munich International Festival of Film Schools (1996). In Israel, Keret also won the Prime Minister's Prize for Literature and the Ministry of Culture's Cinema Prize. Keret lectures in the film school of Tel Aviv University. His story, "Siren", deals with the contradictions in the current Israeli situation. His novella, titled *Kneller's Happy Campers*, has been adapted by director Goran Dukic into a feature-length film called, "Wristcutters: A Love Story," which premiered at the 2006 Sundance film festival.

For more information, please contact CHINO at 203 432-8522 or k637@pantheon.yale.edu

The Jewish Historical Society of Greater New Haven
Cordially invites you to attend

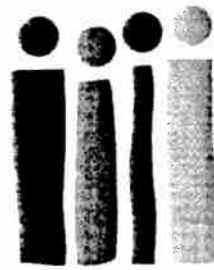


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|-----------------------------|---------------------------|
| 1. Tower One/Tower East | 7. Post Office |
| 2. Union Station | 8. Yale Art Gallery |
| 3. Yale New Haven Hospital | 9. Yale Repertory Theatre |
| 4. Shopping District | 10. British Art Museum |
| 5. New Haven Green | 11. Public Library |
| 6. Shubert, Palace Theatres | |



Tower One Tower East

18 Tower Lane
 New Haven, Connecticut 06519
 203-772-1816
 Fax 203-777-5921
www.TowerOne.org



Tower One Tower East



The Affordable Alternative in Senior Living!

New Haven, Connecticut

Rose

Rose moved from a downtown New Haven highrise when she became a resident of Tower One/Tower East in 1999. Facing steep, annual increases in rent, she moved to the Towers when the cost of living simply got too high in the apartment building she had called home for more than 5 years. A breast cancer survivor, she counts her blessings daily at Tower One/Tower East:

"I start the day thanking the Lord for my health and strength. I have a beautiful view every morning. If I get up early enough, I walk all over. I walk downtown and all around the buildings."

Rose maintains an independent, active lifestyle at Tower One/Tower East. When she is not walking, she may be painting with oils or crocheting, an activity she



learned at Tower One. She is an active member of her church, St. Martin DePorres Catholic Church, and travels with its gospel choir. She also participates in many activities on campus and particularly enjoys the arts and crafts sessions with the youngsters from a nearby elementary school.

"It's nice and comfortable here," says Rose. "I like to be around people, and the scenery is beautiful."

Gary

A resident of Tower East since 1990, Gary qualifies as a "veteran" of this retirement community. When his son was just a boy, Gary and he would visit the Tower One construction site. He clearly remembers saying to his son: "Wasn't it nice to know they were taking care of seniors. And now, here I am."

After his wife entered a convalescent home, his son suggested that he would be better off surrounded by others than to be alone. And so Gary moved in and has lived here happily ever after.

His days are filled with Biblical studies, a regular prayer schedule, the study of languages (he is fluent in five), music and books. The interests he had as a young man — Gary was six months away from entering the priesthood and spent much of his career in the acquisitions



regular at movies and concerts, and a weekly attendee at The Towers religious services. He also regularly attends services at West Haven's Congregation Sinai and The Woodmont Synagogue of Milford.

Abe admits to the fact that he's not much of a cook, so it's a real benefit that his dinners are prepared in Tower One's Kosher kitchen.

Living at Tower One gives him just the right blend of security and independence.

"With my own car, I can go where I want," he says, including trips to the grocery store as well as weekly visits to his favorite stamp store. "I'm happy here."

Abe

From his fourteenth floor apartment, Abe says he enjoys “watching the ships in the harbor, the trains at the station, and the cars on the highway.” When he is not enjoying the lively landscape that unfolds outside his window, he can be found engrossed in his huge stamp collection — Abe has been an avid philatelist for decades. Or, he might be busy planning his next trip.

He and his wife cultivated a love of travel years ago, taking a trip a year to places like Australia, the Fiji Islands, and Israel, where he is planning his tenth visit. Some time after the death of his wife, Abe says it was his daughter who suggested the move to Tower One/ Tower East: “I was living alone after my wife died, and my daughter figured I would be better off here. I was in my own house for a couple of years and I wasn’t involved in anything.”

That’s certainly not the case at Tower One, where Abe is an occasional travel speaker, a member of the Men’s Group, a



department of Yale University’s Sterling Memorial Library — continue to fill his time later in life. He also is a regular columnist to the Buzz, the resident-produced newsletter of the community.

“I don’t have any problems filling my time,” he says. “I’m still independent enough to do my own cooking and to get around.”

His advice to others considering a move to a retirement community?

“What are you looking for? What are your needs? Here, you have companionship at your disposal and a staff that is oriented to serving you. This works out fine for me. It’s been just great.”

Security.
Companionship.
Independence.
Activity.
Support.
Service.
Affordability.



to give up this view. It makes you know there's a God up there."

She enjoys the diversity she encounters daily: "It's interfaith, it's inter-racial, and inter-generational, with residents from their 60s to their 90s. And the administration does a great job in keeping residents on the go and happy. Here, there are always a lot of people around. I'm more secure here than I would be anywhere else."

Last, but certainly not least important to Helen, is the fact that she's crazy about her dog, Coco, one of the Tower's canine residents.

Helen

Helen is quick and to the point about her reason for moving from a suburban continuing care facility to Tower One/ Tower East: "The long and the short — it just got too expensive."

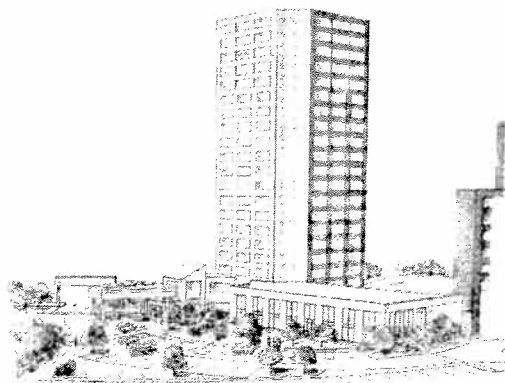
A native of New Haven who spent most of her life in Old Lyme, Helen had long been familiar with the Towers through friends who had been residents. She chose Tower One for her home following a tour of the campus: she liked what she saw and she wanted to be close to her son and daughter-in-law, both of whom are tenured professors at nearby Yale University.

"That's basically why I'm in New Haven. I want to be very near my family, who are only 10 minutes away."

But there are other reasons besides location that keep Helen, a retired school teacher, at Tower One/Tower East. She loves the view from her deluxe studio on the top floor of Tower One: "I would hate

These are the reasons why residents of this community choose Tower One/ Tower East as their home. Taken individually, each is reason enough. Collectively, they deliver peace of mind to the families of our residents, whether they live here in Connecticut or halfway across the country.

That's our mission: to deliver a safe and secure environment, with quality services and caring staff, for our residents based on respect, independence, and personal dignity. Because as individuals, professionals, and as an organization, that's how we can best fulfill the commandment to honor our fathers and our mothers.



Tower One/Tower East

Services & Amenities

Tower One/Tower East is a non-profit organization created to provide affordable housing for seniors. Residents enjoy all of the amenities found at luxury retirement communities for a fraction of the cost.

- Comfortable Studios, 1-Bedroom Apartments
- Fine Dining*
- Kosher Meals
- Coffee Shoppe
- On-site Primary Care
- Assisted Living Services
- Free Health Screenings
- Wellness Programs
- Social Service Coordinators
- Utilities Paid**
- Housekeeping
- Laundry Facilities/Service
- Emergency Call System

That has been our mission since 1971.

Affordable independent or assisted living. Round-the-clock staffing and security. An action-packed activities calendar. On-site health care programs with some of the best medical providers in the country. Wellness programs. It's all here at Tower One/Tower East.

As you make a decision about a retirement community for yourself, for a parent, or for a family member, perhaps it's most important that you hear from

some of our residents. Let them tell you why they call Tower One/Tower East home.



Honor thy Father and thy Mother

That simple commandment, with which we all were raised, drives the vision and mission that makes Tower One/ Tower East the retirement community of choice for seniors.

Here, our residents and their families have peace of mind knowing that our mission is to create a safe and secure environment for seniors dedicated to preserving and enhancing their dignity and personal independence. Every service that is offered, every activity that is planned, every renovation that is undertaken is done with that goal in mind.

Because as individuals, professionals, and as a faith-based organization, that's how we can best fulfill the commandment to honor our fathers and our mothers.

- Smoke Detectors/Sprinkler System
- Controlled Access/24-Hour Security
- Daily Safety Checks ("I'm OK")
- Bank branch
- Convenience Store
- Cultural and Recreational Activities
- Religious Services
- Pets***
- Landscaped Grounds
- Elevators
- Library
- Computer Learning Center
- Arts and Crafts Center
- Gift Shop
- Resident Association
- Guest Speakers/Demonstrations
- Reserved Parking

*Dinner included in Tower One rental and at a nominal fee in Tower East.

**Except phone and cable in Tower One; except phone, cable and electric in Tower East.

***Up to 35 pounds.

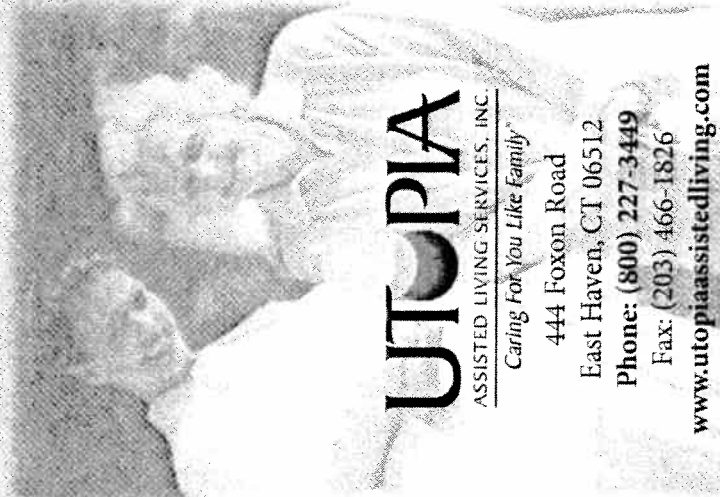
Caring for You Like Family
Within Managed
Residential Communities
Throughout Connecticut

- Bacon Congregate, Hartford
- Herbert T. Clark House, Glastonbury
- Immanuel House, Hartford
- Juniper Hill Village, Storrs
- Komanetsky Estates, Bristol
- Ludlow Commons, Norwalk
- Mount Carmel, Hamden
- Silverbrook Estates, Orange
- Smithfield Gardens, Seymour
- The Marvin, Norwalk
- Tower One/Tower East, New Haven
- Village Gates of Farmington
- Virginia Connolly Residence, Simsbury



Utopia's Philosophy

Utopia Assisted Living is committed to providing quality services delivered in a cost effective manner, while upholding the best standards of client care. Care is centered on assisting clients maintain the highest level of independence within the home setting at managed residential communities. Utopia involves clients and their families in developing personalized plans of care to ensure the home setting is a safe environment that promotes confidence, peace, and contentment. Clients and their families are treated with compassion, dignity, and respect.



Caring For You Like Family
444 Foxon Road
East Haven, CT 06512
Phone: (800) 227-3449
Fax: (203) 466-1826
www.utopiaassistedliving.com

TowerOne2008-HUD ALCP
Exhibit 3
DUNS
FAX: (203) 466-6938



CONNECTICUT'S
LARGEST PROVIDER
OF ASSISTED
LIVING SERVICES

Exhibit 3
DUNS: [REDACTED]
FACID: 219-249-968-6839

About Utopia Assisted Living Services

Utopia Assisted Living Services, Inc., provides nursing and personal care to individuals living in Managed Residential Communities throughout Connecticut. A family owned and operated Assisted Living Services Agency (ALSA); Utopia is licensed with the Connecticut Department of Public Health. Since 2001, Utopia's ALSA has worked closely with Connecticut's Department of Social Services (DSS), Department of Economic and Community Development (DECD), and the Department of Public Health (DPH) in establishing affordable nursing and personal care services. Whether a client qualifies for state funding, has long term care insurance, or pays privately, Utopia will work with clients and their families to determine the service package level of care required. Our goal is to keep people living independently in their own home. Every client under our care is treated with compassion, dignity, and respect, just like family.

Page 77 of 179

Nursing Care

Upon completion of an assessment, Utopia's Registered Nurses develop an individualized Plan of Care designed to specifically meet the client's needs. Our services include:

- ❖ Medication management
- ❖ Nurse(s) assess Health Status via monthly wellness visits and as needed
- ❖ Nurse(s) act as liaison between client's healthcare providers and caregivers
- ❖ Continuity of care between Utopia's assisted living services and home care services
- ❖ Wellness Education and Advocacy
- ❖ Registered Nurse is on-call 7 days a week, 24 hours a day

Assisted Living Aides

Utopia's compassionate staff of trained Assisted Living Aides provide personal care services that ensure clients maintain active, independent lifestyles. Services include:

- ❖ Bathing, Personal Care and Dressing
- ❖ Medication Reminders
- ❖ Assistance with Meal Preparation
- ❖ Safety Checks
- ❖ Socialization
- ❖ Escort within Managed Residential Community

Levels of Care

A Plan of Care is developed by a Utopia Registered Nurse and a service level is assigned to the client. Utopia's nursing team understands that clients are unique. As a result, the level of care varies according to the client. Each level provides care that is tailored to meet the client's needs. The four levels of care offered by Utopia Assisted Living Services are Occasional, Limited, Moderate, or Extensive.

- Level One - Up to 3.75 Hrs./Week
- Level Two - 4 to 8.75 Hrs./Week
- Level Three - 9 to 14.5 Hrs./Week
- Level Four - 15- 25 Hrs./Week

Cost of Care

Clients will receive a monthly statement for services rendered by Utopia Assisted Living Services, Inc. Costs may vary depending on funding source and the number of days services per month. Clients are encouraged to meet with the Resident Services Coordinator at the Managed Residential Community in which they are interested, to discuss specific costs.



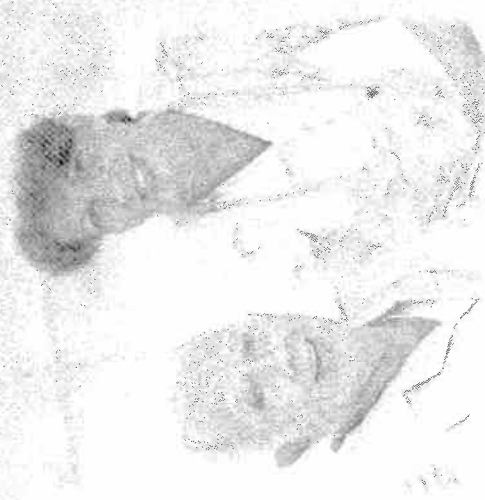
UTOPIA

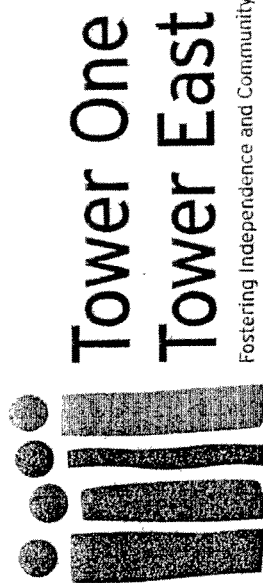
ASSISTED LIVING SERVICES, INC.

Caring For You Like Family®

Phone: (800) 227-3449

www.utopiaassistedliving.com





Fostering Independence and Community - It's All Right Here

Pet Policy and Agreement

18 Tower Lane, New Haven, CT 06519
203-772-1816 fax 203-785-8280
www.towerone.org

PET POLICY AND AGREEMENT

A "pet" is a small, common, household domesticated animal, such as a dog, cat, bird, rodent, fish or turtle, that is traditionally kept in the home for pleasure rather than for commercial purposes. A reptile (except a turtle), a guard dog, dogs bred for fighting, exotic animals are not "pets" and are not allowed. Certain portions of this policy do not apply to guide or service animals.

I. CATEGORIES OF PETS

After fulfilling the management requirements, residents may maintain a pet from only one of the following categories:

- a) Dog
 - Maximum number - One
 - Maximum size - 35 pounds
 - Spayed or neutered
 - Current distemper and rabies shots
 - Must be of gentle disposition
 - House-broken
- b) Cat
 - Maximum number - One
 - Spayed or neutered
 - Current distemper, feline leukemia and rabies shots
 - Litter - box trained
- c) Birds
 - Maximum number - Two
 - Maximum size - Parakeet size (no parrots, myna birds, etc.)
 - Shall not be allowed out of cage
- d) Fish
 - Maximum number - Ten (no carnivorous species);
 - One aquarium - maximum size: ten gallons
 - Aquarium shall be placed in a safe location within the unit
 - Except for fish bowl under one gallon or less
- e) Misc.
 - Small rodents, limited to hamsters, rabbits, guinea-pigs
 - Maximum number - One
 - Standard-sized cage

Page 79 of 179

II. PET MOBILITY AND HOUSING

Residents must not use the elevators with pets between the hours of 3pm and 7pm. Residents may not enter the elevator with a pet if more than two (2) persons are on the elevator. In the event that more than two (2) persons board the elevator, the person with the pet must leave the elevator and wait for the next available elevator car with fewer than two people in it.

EMERGENCY ACTION FORM

III. PET APPLICATION, INTERVIEW PROCESS, ALTERNATE CARETAKER AND APPROVAL OF PET

1. No resident may have a pet on the premises (except for fish in a bowl under one gallon) before applying in writing to the business office manager, being interviewed by the management, completing the pet application form and paying the pet deposit (Section XII), and receiving written notification of the management's decision as to the pet's acceptability by the management. The resident must complete the following information on the pet's application form: (See attachment)

- Verification of inoculations
- Information to identify pet and establish it as a common household pet
- Verification of pet licensure
- Verification of spaying or neutering
- Supply management with the names and telephone numbers of at least two persons who will assume immediate responsibility for the pet in case of an emergency (i.e. when the pet owner is absent or unable to adequately maintain the pet.) Written verification of the willingness of these persons to assume alternate caretaker responsibility is required. It is the responsibility of the pet owner to inform the management of any change of alternate caretakers. Any expenses relating to alternate caretakers shall be the responsibility of the pet owners.

TowerOne2008-HUD ALCP
210256965-6939

Name _____
Apartment Number _____

NAME OF PERSONS WHO WILL TAKE RESPONSIBILITY FOR EMERGENCY CARE FOR YOUR PET

NAME: _____
ADDRESS: _____
TELEPHONE (DAY) _____ (EVE) _____

I hereby except this responsibility

SIGNATURE _____
NAME: _____
ADDRESS: _____
TELEPHONE (DAY) _____ (EVE) _____

I hereby except this responsibility

SIGNATURE _____
Name, address, and phone where you board your pet _____

Revised 3/7/01; 2/4/08

2. In cases of emergency, when the management is unable to reach the caretakers or the caretakers fail to act, the owner agrees to allow management to take such action as the owner has authorized in the Emergency Action Form that the resident has filled out. The owner agrees to allow management to place the pet in an appropriate boarding facility, all fees and costs to be borne by the pet owner. Within five days of such an emergency, the resident, his agent, family or estate must make arrangements with the holder of the pet as to its disposition and shall be responsible for a obligations, financial and otherwise, in such disposition. A situation in which a pet is left unattended for 12 hours will be considered an emergency and management will follow procedures listed in Section IX. Tower One/Tower East does not accept any responsibility for the pet.

3. THE RESIDENT PET OWNER ABSOLVES TOWER ONE/TOWER EAST AND ITS AGENTS OF ANY OR ALL LIABILITY, FINANCIAL OR OTHERWISE, FOR ACTIONS TAKEN ON BEHALF OF THE PET OWNER, OR FOR THE WELL BEING OF THE PET.

4. The interview is to verify that the pet complies with the selection criteria, is in good health, we cared-for, well behaved and under control of its owner. Cats must be litter-box trained and dogs must be housebroken. The pet owner will be provided with a written ruling as to the pet's acceptability after the interview.

5. A annual review must be performed on the status of the pet to include such points as health behavior, and inoculations. Emergency action forms shall be reviewed and revised as necessary at least once each year at a time designated by management.

The building and basic "core" services such as meals, housekeeping, laundry and transportation, are not licensed. However, in order to have nursing and personal care services available, the building must meet applicable building and fire safety codes. The provider must register with the Department of Public Health and must offer all "core" services. Communities that meet these requirements and register with the Department of Public Health are called "Managed Residential Communities." An Assisted Living Services Agency can provide services only in a registered Managed Residential Community.

Assisted Living Services Agencies are inspected every two years and must comply with Department of Public Health regulations.

Please note that some facilities licensed as Residential Care Homes may advertise "assisted living" services. This booklet discusses assisted living communities that are licensed/registered as Assisted Living Services Agencies/Managed Residential Communities. Licensure requirements for Residential Care Homes are different (for example, a private apartment, trained or certified aides, and an on-site registered nurse are not required).

Are there limits on the health care services that can be provided?

Under Connecticut's regulations, Assisted Living Services Agencies can provide care to residents whose condition is chronic and stable, as certified by your physician. There are circumstances, usually determined by a person's overall health status, in which continued residence in an assisted living community becomes no longer feasible or appropriate.

What are the staffing requirements for assisted living?

Assisted Living Services Agencies are required to provide on-site staffing by certified nurses aides or home health aides to meet

residents' needs. A registered nurse must be on site or on-call 24 hours per day, 7 days per week. The Managed Residential Community must employ an on-site services coordinator to assist in meeting residents' needs for other types of services.

You will want to check the staffing arrangements at each community to be sure your needs can be met.

How are Assisted Living services supervised?

Some assisted living communities may include independent living apartments for residents who do not need nursing or personal care services. If you reside in an independent living apartment, you have the security of knowing that on-site health services are available when and if you need them.

If you require assisted living services, a registered nurse will assess your health status and develop a service plan (care plan) for you after consulting with you and your physician and, when appropriate, with your family member, conservator or other representative. Your health care will remain under the supervision of your physician. If there is a change in your condition, the registered nurse will re-assess your health care needs.

What about medications?

As part of developing your personal service plan, the registered nurse will determine whether you need help with your medications. Assisted Living Services Agencies offer medication services that include coordination and management of your medications, repouring, assistance such as reminders and help with packaging, and administration of medications by a licensed nurse.

What about other professional health care services?

Your health care remains under the overall supervision of your own physician. As a convenience, many assisted living communities offer on-site facilities for therapy and other health care services; however, arrangements for these services are made directly by you.

Some communities provide a small store, barber/beauty shop, exercise room, banking and similar conveniences on-site.

All communities must provide or arrange for regularly scheduled transportation. Staff may assist you in arranging for transportation to personal appointments. All assisted living communities offer a wide variety of social and recreational programs.

What training is required for staff?

Nursing services must be provided by a registered or licensed practical nurse licensed by the State of Connecticut. Personal care services must be provided by certified nurses aides or home health aides who have completed special training programs required by applicable regulations. Nursing and personal care staff must also receive orientation and must complete at least six hours of additional training per year.

Are all meals included? What about special diets?

Assisted living communities must make three meals daily available for residents. In some communities, you can choose the number of meals provided for you; for example, you may want to prepare your own breakfast and join other residents for lunch and dinner. Many assisted living communities provide basic special diets (for example, no- or low-salt, sugar-free) upon request. If you have special dietary needs, you will want to ask about the community's ability to meet them.

Are criminal background checks required?

Connecticut law does not require criminal background checks for staff of assisted living communities. However, many communities voluntarily conduct such checks.

How is security provided?

Many communities provide staffing at the front desk and lock entrances from the outside when desk staff are not on duty. All apartments have an emergency call system. Residents in assisted living communities are free to come and go as they please, unless a special secured unit or community designed for persons with dementia has been selected.

Do I have to use the community's caregivers?

You have the right to have health care and companion services provided by the community, your family or by any appropriate caregiver or companion of your choice. The community may want outside caregivers and companions to register with the community.

Who regulates assisted living communities in Connecticut?

The provision of nursing and personal care services is licensed by the Department of Public Health. On-site nursing and personal care services must be provided by a licensed Assisted Living Services Agency.

What is an apartment in an assisted living community like?

Apartments range from studios to two-bedroom units and vary in size from approximately 300 to 900 square feet. Each apartment must have a private bath. Some assisted living communities offer kitchen facilities in the apartment, while others provide a common kitchen area (sometimes called a "country kitchen") for use by several residents. Usually apartments include carpeting, basic window treatments such as shades, blinds or sheer curtains, and cable television and telephone outlets.

May I bring my own furniture?

Most assisted living apartments are not furnished, so you may bring your own furnishings. If furniture is provided by the community, you will be encouraged to bring personal items and keepsakes.

Do I have to share an apartment? What about pets?

You do not have to share your apartment but you may share if you wish. Your roommate must meet any requirements for residence established by the community.

Policies of assisted living communities regarding pets vary widely, so you should ask the assisted living community of your choice about its policy.

What kinds of amenities and services do assisted living communities typically provide?

Assisted living communities usually have a common dining area and other kinds of common spaces; for example, a library, private dining room, ice cream parlor, or similar spaces available for use by all residents.

What specific rights will I have as a resident of an assisted living community?

If you are receiving health care services, you have many rights required by regulation. These rights include the right to receive a description of available health services and charges, the right to participate in planning for your care, confidentiality of your health information, and others. You will be given a detailed "Client's Bill of Rights."

Because in Connecticut assisted living communities are residential apartment buildings, your rights as a resident are governed by Connecticut's landlord-tenant laws. You will be provided with a description of your rights and responsibilities as a resident in the Residence Agreement and a handbook of residents' rules or a similar document.

What is the role of my family if I move to assisted living?

Assisted living is provided in a residential setting. This means that you are in charge of arrangements for your health and well-being. For example, in some communities you will be expected to make your own appointments with your own doctor, podiatrist, optometrist and other health professionals. Family members often assist residents in making these arrangements and appointments.

You will be encouraged to involve your family in your life as much as you wish. There are no "visiting hours" and you are free to come and go as you please, unless you require a secured environment because of dementia. Family members can continue to assist you with personal care as part of your personal service plan.

Are there special requirements for admission to an assisted living community?

The question of whether assisted living is right for you, and whether your needs can be met by a specific community, is determined individually;

through a health and functional assessment. The law requires that your condition on admission must be chronic and stable as certified by your physician. In addition, the community may impose other requirements based on the levels of staffing it provides.

The community will disclose its requirements to you, and it is important for you to give the community complete information about your health and functional abilities. You may also be asked to provide financial information.

Assisted living communities comply with applicable federal and state laws prohibiting discrimination.

What are the discharge requirements?

Connecticut law does not list specific conditions or circumstances that would require you to leave an assisted living community. Decisions about discharge are made on an individualized basis, and always with the resident's involvement and, when appropriate, in consultation with family members or other representatives. If you require more care than the community provides, under certain circumstances you may be able to arrange for supplemental care that will allow you to remain at the community.

The licensed Assisted Living Services Agency may refuse to continue providing services to you if there are safety issues that endanger you or staff or if you have not paid for services. In addition, you may be asked to move out of the assisted living community if you fail to meet your obligations under the Residence Agreement, or if your behavior poses a risk to your own health, safety or comfort or the health, safety or comfort of other residents.

What if I need to move?

In the event it becomes necessary for you to move out of an assisted

What services are provided by an assisted living community in Connecticut?

Assisted living communities in Connecticut offer private apartments in a secure environment, meals, housekeeping, laundry, maintenance, transportation, social and recreational programs, an emergency call system, and health care services. Health care services include a registered nurse on site or on call 24 hours per day, 7 days per week and personal care services (assistance with bathing, dressing, grooming, etc.) provided by certified nurses aides or home health aides. Many communities offer aide services 24 hours per day, 7 days per week, while others provide aides for scheduled services only.

Are there different levels of care and services in Connecticut's communities?

Assisted living communities in Connecticut provide a variety of types of apartments and services. For example, some communities offer both independent and assisted living apartments, while others are designed primarily for people who need assisted living services. Some communities provide special, secured units for residents with dementia, while other communities serve only those residents. This wide variety of apartments and scope of services means that you can choose the community that best meets your specific needs.

Is assisted living the same as a nursing home?

Assisted living and nursing home care are designed to meet different needs in a continuum of care. While both offer nursing and personal care services, assisted living communities are generally not appropriate for persons in need of 24-hour skilled nursing and rehabilitative services, extensive nursing assistance or intensive therapies, or who have ongoing complex or unstable medical conditions.

A CONSUMER'S GUIDE TO ASSISTED LIVING IN CONNECTICUT

11

living community, it is important for you, your family and the community's staff to work together to assure that your needs are met. Your rights in this regard are governed by Connecticut's landlord-tenant laws and your Residence Agreement.

How much will assisted living cost?

The cost will depend on the size and location of your apartment and the level of health care services that you need. Different communities charge for basic rent and health care in different ways; for example, some communities charge a basic monthly fee that includes some health care services, while others charge separately for all health care services. There may be charges for items such as guest meals, room service, special recreational events, transportation, personal laundry, etc. You should ask each community you are considering for a full disclosure of costs, including how and when costs may be increased.

Does Medicare cover the cost of assisted living?

Medicare (Title 18) does not pay for assisted living. However, if you need the services of a licensed home health agency while you live in an assisted living community, Medicare will pay for those services if you meet Medicare coverage criteria.

Does Medicaid (Title 19) pay for assisted living services in Connecticut?

In general, Medicaid does not pay for assisted living services in Connecticut, so you should plan on paying for all fees from your own resources. If your resources become insufficient to pay for the cost of your care, you may need to move.

Connecticut is beginning some limited demonstration and pilot



12 A CONSUMER'S GUIDE TO ASSISTED LIVING IN CONNECTICUT

projects where some of the costs will be covered by Medicaid.

More information about these projects is available by calling the Department of Social Services at (860) 424-5177 or the Department of Economic and Community Development at (860) 270-8171.

Does long term care insurance cover the cost of assisted living?

Some long-term care insurance policies do cover assisted living. You should obtain prior approval from the insurance company. Coverage provisions vary widely, so it is important to read the policy carefully.

Do I have to sign any legal papers?

You will be asked to sign a lease that governs your right to live in your apartment and the provision of basic services such as meals, housekeeping, and laundry. You will probably be asked to sign a separate agreement governing the provision of nursing and personal care services. You may also be asked to acknowledge in writing that you have read and received certain documents.

Where can I get more information about assisted living communities in Connecticut?

Every assisted living provider that is a member of the Connecticut Assisted Living Association (CALA) will be pleased to provide you with a disclosure statement giving more information about the community, as well as copies of its Residence Agreement, Clients' Bill of Rights, Residents Rules and other information. You may also call CALA at (203) 772-7781 or visit CALA's web site at www.ctassistedliving.com.



QUESTIONS AND ANSWERS ABOUT ASSISTED LIVING IN CONNECTICUT

A CONSUMER'S GUIDE

The Connecticut Assisted Living Association (CALA) is pleased to offer this guide for consumers highlighting Assisted Living as a senior housing and supportive service option for older adults in Connecticut.

CALA, a statewide membership association comprised of Assisted Living providers, serves as a resource to the public, state and local officials, and the media. This consumer guide is intended to be a means for disclosure about topics such as what Assisted Living is, how it differs from a nursing home, and the requirements for residency.

Assisted Living is a housing and healthcare alternative combining independence with personal care in a warm, dignified community setting. An Assisted Living residence is defined as a special combination of housing, supportive services and personalized assistance designed to respond to the individual needs of residents. Assisted Living communities, through licensed Assisted Living Services Agencies, provide their residents assistance with activities of daily living such as dressing, bathing and medications, to promote maximum dignity and independence.

Following your review of this guide, CALA encourages you to contact an Assisted Living community in your area to arrange a visit. During this visit you will have the opportunity to tour the community, enjoy a meal in the dining room, and become acquainted with the staff. Following your visit to one or more Assisted Living communities, you will be better able to make a choice about the best option for your senior housing and care needs.

I hope you find this consumer's guide helpful, and should you have any questions please contact me.

Christopher Carter
EXECUTIVE DIRECTOR
Connecticut Assisted Living Association

IV

ANIMAL WASTE DISPOSAL

1. All animal waste or litter from litter boxes or cages must be picked up and disposed of in SEALED PLASTIC BAGS and placed in the trash chute or other designated place. Cat litter must be changed at least twice weekly and cleaned daily. Litter from litter boxes must not be disposed of in the toilet.
2. When outside, the owner must use a "pooper scooper" or newspaper to clean up after the pet on the exterior common grounds. Pet waste must then be placed in sealed plastic bags, which should be placed in the trash chute or other designated place.
3. Pets must not be allowed to urinate on plants, trees or shrubs on the grounds of the building.

V

PET OWNER COURTESY

1. The pet owner must keep the pet under control at all times, so that the pet does not jump on or frighten other residents or guests or the property. The pet owner acknowledges that other residents and guests may have chemical sensitivities or allergies or may be frightened by animals. The pet must not be allowed by the owner to urinate or defecate in common areas. The pet owner agrees to exercise common sense and common courtesy in respect for other resident's rights to peaceful and health enjoyment of Tower One/Tower East. The pet must be kept on a short leash at all times when inside the building and dogs must be kept on a leash (no more than 6 feet) outside the building.

PET NOISE

1. Pets that disturb the peace and quiet of neighbors through noise (barking, meowing, whining, etc.), foul smells, animal waste, biting, scratching or other nuisance will be removed from the premises. (See Section IX.)

VII

PET CARE

1. The pet owner agrees to provide pet care, nutrition, exercise and medical care for the pet. Pets that appear to be poorly cared for will be reported to the Animal Control or other authority for removal at the owner's expense.
2. Owners are responsible for providing proof to the management of annual shots and licensing.
3. Management reserves the right, for proper cause, to inspect the pet owner's apartment at any time (after proper notice, if possible) to verify the condition of the apartment or pet.
4. A pet must be removed by the pet owner from his or her apartment for flea or pest control treatment of the apartment.

PET APPLICATION

RESIDENT NAME: _____ APT. _____

TYPE OF PET: _____ AGE OF PET _____

NAME OF PET: _____ WEIGHT OF PET _____

HOW LONG HAVE YOU OWNED THIS PET? _____

2. HAS YOUR PET LIVED IN RENTAL HOUSING BEFORE? _____
IF SO, PLEASE FILL IN THE FOLLOWING: _____

NAME OF APARTMENT COMPLEX: _____

MANAGER'S NAME: _____

TELEPHONE NUMBER: () _____

DATE OF PET'S LAST VACCINATION: _____

Name of Veterinarian: _____

Address: _____

Phone Number: _____

4. TOWN/CITY LICENSE NUMBER: _____

5. HAS YOUR PET BEEN SPAYED OR NEUTERED? Yes _____ No _____

6. IF YOUR PET IS A CAT, HAS IT BEEN DECLAWEED? Yes _____ No _____

IF YOUR PET IS A DOG, DOES THE PET RESPOND TO VOICE COMMAND: Yes _____ No _____

PET OWNERSHIP DETERMINATION FORM

Failure to meet any of the above requirements will result in the denial of admission to Tower One/Tower East of the pet in question.

_____ Pet is accepted

_____ Pet is denied admission

Reasons:

Resident was notified in writing on _____

5. If management deems it to be necessary to fumigate your apartment as a result of the presence of your pet, you will be responsible for all costs incurred.
6. Upon admission of a pet, the pet owner shall file with the management proof that a flea fumigation program acceptable to management will be maintained for any fur-bearing pet. Thereafter, the owner of the fur-bearing pet shall file, at intervals determined by management, proof that the pet and/or the apartment is being fumigated for fleas by an accredited exterminator.

VIII. PET VIOLATIONS

1. Pet owners will be informed in writing of any alleged violations of pet rules and given five (5) days to correct the problem or make a written request to discuss it with management. Failure to correct the problem or appear at a meeting to discuss it will result in removal of the pet from Tower One/Tower East. Failure to correct the problem or appear at a meeting to discuss it will result in management removing the pet from Tower One/Tower East and/or eviction proceedings against the tenant.
2. Management reserves the right to act immediately to remove the offending pet forthwith in situations deemed to be of an emergency nature.

IX. PET LIABILITY

1. Residents owning pets shall be liable for the entire amount of damages to Tower One/Tower East caused by their pet, and all cleaning, de-fleaving and deodorizing expenses incurred because of such pet. Pet owner shall be strictly liable for the entire amount for any injury to persons or property caused by their pet to other residents, staff, or visitors at Tower One/Tower East. We strongly recommend residents maintain apartment liability insurance.

X. PET DEPOSIT

1. Each pet owner must provide a Pet Security Deposit in the amount of \$300.00 in addition to the standard rental security amount prior to the pet moving in. This deposit shall be maintained in a separate account as provided for by state law and HUD regulations for the maintenance of security deposits, and will be handled in the same way as a rental security deposit. This deposit is a security against damage such as foul odors, stains rips etc., by the pet to the carpeting or other furnishings in the apartment or common areas.

XI. FINES FOR OWNER OR PET VIOLATIONS

1. In addition to any other remedies provided by this agreement and by law, management reserves the right to impose fines of up to \$25.00 per violation and/or per occurrence for failure by owner to adhere to the Pet Policy and Agreement.

The Management of TOWER ONE/TOWER EAST thanks all resident pet owners in advance for their cooperation.

APPLICANT INFORMATION:

Name: _____

Address: _____

Telephone: _____

TYPE OF PET: _____

Pass

Fail

1. Current license

2. Proof of current inoculation

3. Written verification of spaying or
neutering, or veterinarian letter stating
that this would be detrimental to the pet's
health

4. Verification of size and temperament
of pet

5. Self-determination form

6. Verification by telephone or affidavit of
the alternate caretakers

I HAVE RECEIVED A COPY OF THE TOWER ONE/TOWER EAST PET POLICY AGREEMENT
AND HEREBY AGREE TO ABIDE BY ITS STIPULATIONS.

Resident Pet Owner _____

Date _____

Apartment Number _____



Utopia Assisted Living Services, Inc.
444 Foxon Road
East Haven, CT 06512
P (203) 466-3050 | F (203) 468-1994 | (800) 227-3449
www.utopiahomecare.com

Dear Friend,

Enclosed is information introducing you to Utopia Assisted Living Services at Tower One/Tower East.

As part of the Utopia Homecare Services family, Utopia Assisted Living Services has been providing assisted living opportunities at the Towers since 1998. Through Utopia's Assisted Living Services Agency (ALSA) an individual is able to remain independent in a residential setting with nursing, assisted living aide and homemaker services.

Throughout this packet you will find information regarding the actual services available, the breakdown of the level of care that are available and payment options. There are many options an older adult can access to fulfill the need to remain in their home independently and at an affordable rate. Our goal is to make the older adults years as comfortable and independent as possible. Utopia Assisted Living promises to do their best to fulfill this goal.

Sincerely,

Susan Lutes, RN, DCS
Director of Utopia Assisted Living

Services Available

Nursing: Our staff of nurses consists of Registered Nurses and Licensed Practical Nurses with years of nursing experience. They are there to help develop, implement and maintain a client's plan of care (POC). The initial POC is developed by the Registered Nurse who assesses the client for an appropriate Level of Care (LOC). The nursing staff is able to assist the client with a number of medical services.

- *Regular health assessments by a nurse to monitor for changes in a client's Physical or mental status

- *Regular communication to client's healthcare providers and family

- *Referral to outside services such as homecare assistance if a client needs short term care in their home due to a change in health status

- *Medication management

- *Wellness education and advocacy

- *24 hour on-call nursing service

Assisted Living Aides (ALA): Our compassionate staff of trained ALA's provide the Personal care services that help the older adult to become fully independent. Services include:

- *bathing, personal hygiene and dressing

- *medication reminders

- *assistance with meal preparation

- *safety checks

- *socialization

- *escorts within building

- *medical monitoring according to POC i.e. Body weight, blood Pressure checks, blood sugar testing

Homemaking Services: Within the Assisted Living team, homemakers are available to make your life easier with your household tasks. Their duties are to maintain your home by means of *light* housekeeping and laundry services. Grocery shopping and medical escort services may be available.

- *All services are provided in the privacy of your own home.*

Payment Options

Private Pay: Client pays privately for all services rendered. Client is not financially eligible for any federally funded programs.

Long Term Care Insurance: Client has a long term care insurance that specifically covers assisted living services. Utopia's billing department will work with our clients to identify eligible insurance policies.

Federal and State of Connecticut Funded Programs:

Department of Social Services (DSS): For those individuals who are covered by Medicaid (T-19) and live in an elderly complex which is entitled to DSS coverage, T-19 can be used as a payment source for assisted living services.

(For those individuals who are not eligible for Title 19 the State of Connecticut has a special program funded through the Connecticut Home Care Program for the Elderly for eligible residents.)

Department of economic and Community Development (DECD):
For those individuals who are not eligible for DSS may be eligible for monthly assistance through the DECD plan. Speak with your Resident Service Coordinator (RSC) to see if this plan is available at that specific complex and if you financially qualify for this assistance.

**Please see list of sites and corresponding funding options. It is always best to discuss payment options with the Resident Services Coordinator (RSC) at the site that you are interested in moving into.*

Levels of Care

With assistance of a Registered Nurse a Level of Care (LOC) will be determined. This level of care encompasses what will be provided to you in the privacy of your own home. A Registered Nurse, licensed with the State of Connecticut will help determine a level of care that will help to maintain your independence in a safe and practical manner. There are four levels of care. The levels correspond with a period of time that the nurse and/or aide need to fulfill their tasks that will maintain your safety and well-being.

Nursing time is counted not only with hands-on delivery of care but also office time needed for the updating of the Plan of Care, communication with doctors and families, and unscheduled home visits. Assisted Living Aide time can be determined with increments of time.

| | |
|----------------------------|------------------------------|
| <u>Level One:</u> | Up to 3.75 hours/week |
| <u>Level Two:</u> | 4 to 8.75 hours/week |
| <u>Level Three:</u> | 9 to 14.75 hours/week |
| <u>Level Four:</u> | 15 to 25 hours/week |

Homemaking services are not included in the above levels. Homemaking otherwise known as Core Services are charged at a different rate. These services cover light housekeeping, laundry, and grocery shopping. Core services are not based on the time it takes for the service to be provided. It is charged on a monthly basis consistent with one monthly charge.



Tower One/Tower East At a Glance

Our Campus

- 346 apartments in two adjoining Towers that form an urban campus community on the southern edge of downtown New Haven, CT
- Independent and licensed assisted living
- Affordable retirement living funded by the U.S. Department of Housing and Urban Development (HUD)
- Enclosed gardens, courtyards and parking areas
- Coffee Shop and Dining Room, with meals prepared according to Kosher Dietary standards
- Full schedule of social, enrichment and cultural programs available

Our History

- Tower One constructed in 1971; designed by renowned architect Charles Moore
- Tower East opened for occupancy in 1982
- Winner of Best Practice Awards from U.S. Department of Housing and Urban Development and Connecticut Assisted Living Association
- Recipient of four HUD grants (2000, 2001, 2002, 2005) for assisted living conversion of nine floors of apartments in Tower One
- Governed by volunteer Board of Directors that includes community leaders from throughout New Haven County;
 - Peter Newman, Chairman of Board, 2005-2006
 - Dorothy Giannini-Meyers, M.Ed., President/ CEO
 - Gail Ford, Vice President/ COO

Our Service Provider Affiliations

- Utopia Assisted Living Service Agency
- Utopia Home Health Services for home health care and physical, speech or occupational therapy
- Hospital of St. Raphael's ElderCare program for primary health care of St. Raphael, SAGE Services of Connecticut, and HUD)
- NewAlliance Bank for full-service branch banking
- Sodexo/Wood for dining service operations

Our Mission

"The mission of the Towers organization is to provide older persons of varying means with high quality living arrangements and services based upon Jewish values and traditions."



Dining at Tower One/Tower East

The dinner hour means more than just a meal on the table for residents of Tower One. It is a time of companionship and camaraderie. It is a celebration of life. It is a time when our residents are served a three-course meal prepared by chefs and served by an attentive and caring wait staff. Six nights a week (excluding Saturday), the dinner hour is a time when residents of Tower One sit down together as a family.

Choices abound. First, residents choose either the 5 p.m. or 6 p.m. seating. At their appointed dinner hour, residents are served a meal complete with appetizer, entrée, and dessert. All meals are chef-prepared in our certified Kosher kitchen.

We also know that dinners for our residents must be as nutritious as they are delicious. Menu selections are prepared under the advice of a nutritionist and often are based on holiday or special occasion themes.

Should a Tower One resident be unable to visit the Dining Room, his or her dinner will be delivered to the apartment.

Tower East residents may avail themselves of our fine dining services on a per-meal reservation basis, as many of them do, particularly on Friday nights. In the tradition of the Jewish Sabbath, a special dinner is served on Friday night. Residents are welcome to bring guests to dinner at any time on a reservation basis and at a nominal fee.

Breakfast and lunch are available daily in the Towers Café, as is a light dinner on Saturday evening. The Towers Café menu includes a special of the day, soups, sandwiches, and salads, fresh baked goods, and assorted desserts.

Specially trained aides are available at dinnertime to assist residents with slight memory impairment or those who need special assistance during meals.

Rounding out the dining experience at the Towers is our own convenience store, located at the entrance to the dining room. There, residents who need a quick snack, a loaf of bread, a quart of milk or a dozen eggs find what they need between meals or between their trips to a major supermarket.

The Dining Room. The Towers Café. The Convenience Store. The comprehensive dining program at Tower One/Tower East is designed to meet the needs of our residents and to enhance their daily living.